CANUCKS ROLL OVER FLAMES
RAYMOND'S HAT TRICK POWERS 7-2 WIN {page 37}

IT'S SHOPPING TIME, FOLKS
HOLIDAY GIFT IDEAS THEY'LL LOVE {pages 27-36}

BELIEBE IT!

JUSTIN SCORES FIRST GRAMMY NOD SCENE {page 17}

VANCOUVER metro®

Thursday, December 2, 2010
www.metronews.ca

News worth sharing.

Sister pleads on brother's behalf

Police found body of Paul Phelan, 43, in the middle of 135A Street near 107 Avenue around midnight on Nov. 25 He had a rod in his leg and walked with a limp

▶ Relatives of Paul Phelan comfort each other in Surrey yesterday near the spot where his body was found.

KRISTEN THOMPSON
@METRONEWS.CA

The sister of a man found murdered in Whalley stood before a dozen TV cameras yesterday and begged for anyone with information about the attack to call police.

Millie McKinnon clutched a photo of Paul Phelan and apologized for her shaking hands before speaking of the toll her brother's death has had on her family.

"He lived a very simple life. Although he possessed very little, he was generous to a fault. His evenings were quietly spent in front of the television." MILLIE MCKINNON

"There aren't words that can express our shock at (Paul's) death," she said while two-dozen relatives stood to the side, holding flowers and wiping away tears.

"How can a good, hard-working man suffer such a death?"

Despite being found in what police called a "challenged" part of Whalley, Cpl. Dale Carr said Phelan wasn't involved in drugs and didn't frequent the neighbourhood.

He wouldn't say how Phelan was killed but described the attack as "brutal."

"We're hoping there's someone out there ... who saw something," he said.

Liberal leadership race

Now with de Jong, call it four

Attorney general makes candidacy official Says he favours moving up date of HST referendum Pledges open and inclusive approach {page 3}

WikiLeaks founder invites scrutiny

If anything could overshadow the cables, it's Julian Assange's story {page 10}

'It's a terrible time in America'

Actor Chris Noth on the Tea Party and how Sex and the City ruined New York {page 14}

OK, smarty, dress for a party

How to wow 'em at the holiday bashes {page 23}

When a man wants a baby...

John Mazerolle hears the ticking of his biological clock {page 12}

Sweater
$19.95
H&M

Dead dog found stuffed in suitcase

KRISTEN THOMPSON
@METRONEWS.CA

The British Columbia SPCA is asking for help finding the owner of a female dog found dead and stuffed into a suitcase behind a Vancouver dumpster.

Passersby noticed the dog's legs sticking out from the suitcase and called authorities.

The chocolate-coloured pit bull, who appeared to be about four, had been stuffed into a piece of black Kika luggage and left beside a dumpster in the south lane behind 254 East 12th Avenue.

"It is tragic to think that someone would just discard a poor animal like this," said Eileen Drever, senior animal protection officer for the B.C. SPCA.

Drever said SPCA is investigating how the dog died.

"She had raw, bloody marks on her muzzle where it looks like nylon or perhaps wire had been tightly wound around her mouth."

Drever said it is likely the dog, who also had scar wounds on her muzzle, was already dead when she was stuffed into the suitcase.

Anyone with information is asked to call the B.C. SPCA's cruelty investigations department at 604-709-4670.

For more news, visit metronews.ca/vancouver

Lions. Hospital visit

▶ Lions defensive end Brent Johnson visits seven-year-old Zack Hanley of Vernon at B.C. Children's Hospital yesterday.

JENNIFER GAUTHIER/FOR METRO

Kids get the Lions' share of attention

Members of the B.C. Lions made their annual visit to B.C. Children's Hospital in Vancouver yesterday. The players chatted with children and autographed photos and mini footballs.

Mike de Jong makes four

- **Declares candidacy for B.C. Liberal leadership at Abbotsford Airport**
- **Former lawyer has served as MLA in Victoria since 1994 byelection**

It's official. Attorney General Mike de Jong will be the fourth candidate in the fast-growing crowd of Liberal cabinet ministers vying to replace Premier Gordon Campbell.

Pacing a stage and flanked by Abbottsford Mayor George Perry, de Jong's former high school principal, the longtime MLA's announcement yesterday had all the trappings of a pep rally, complete with rock music, a booming announcer, and a packed crowd of chanting supporters.

Substance-wise, however, de Jong revealed little to distinguish himself from his three other competitors, echoing a number of now-familiar proposals. Though still supportive of the tax, he declared that he'd like to see an HST referendum brought to the public "sooner rather than later," and pledged to run a more open and inclusive government to address what he described as the province's "growing democratic deficit."

"All of the decisions don't have to be made in Victoria, and if they do, they don't all have to be made in the Premier's office," he said to applause.

Like his predecessors, de Jong also went out of his way to woo disenfranchised former conservative and Socred supporters, describing himself as the heir to the "free-enterprise coalition that has governed B.C. for the better part of the half-century." ● J.J. MCCULLOUGH

1 news

Scan this code for the latest revelations from the WikiLeaks cables.

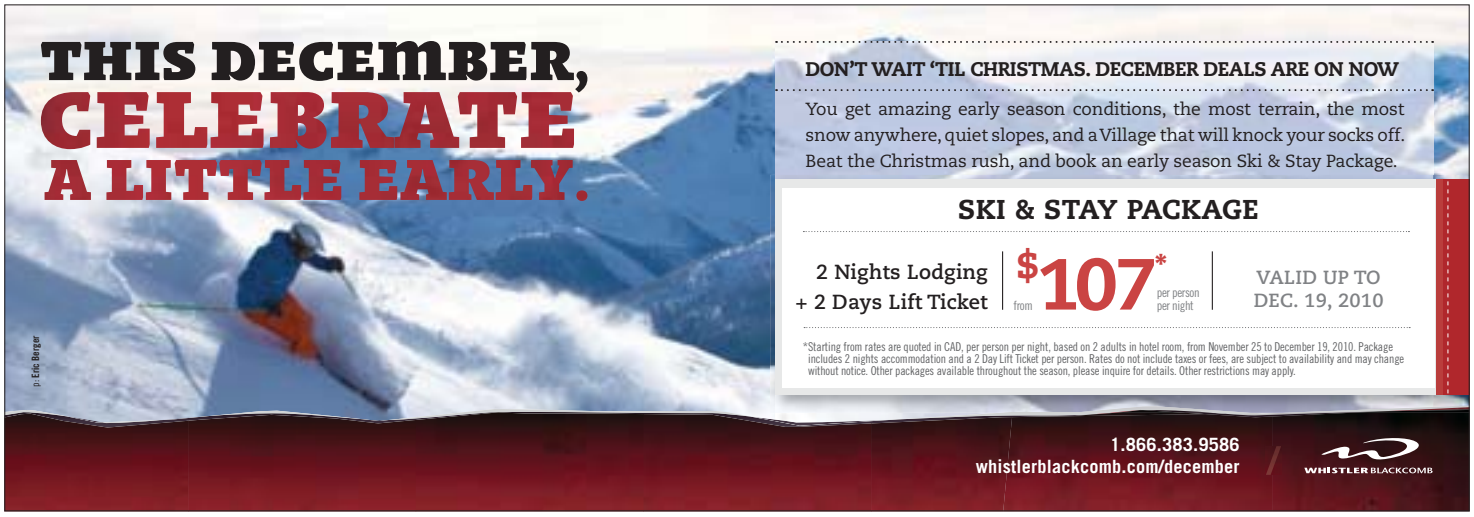
1 Download the free ScanLife application with your smartphone at 2dscan.com

2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at **m.metronews.ca**

On the web at metronews.ca

A shocking video of a police strip search may be part of a much larger problem. More at metronews.ca/spindoctor


THIS DECEMBER,
CELEBRATE
A LITTLE EARLY.
DON'T WAIT 'TIL CHRISTMAS. DECEMBER DEALS ARE ON NOW
You get amazing early season conditions, the most terrain, the most snow anywhere, quiet slopes, and a Village that will knock your socks off. Beat the Christmas rush, and book an early season Ski & Stay Package.
SKI & STAY PACKAGE
2 Nights Lodging + 2 Days Lift Ticket
from $107* per person per night
VALID UP TO DEC. 19, 2010
*Starting from rates are quoted in CAD, per person per night, based on 2 adults in hotel room, from November 25 to December 19, 2010. Package includes 2 nights accommodation and a 2 Day Lift Ticket per person. Rates do not include taxes or fees, are subject to availability and may change without notice. Other packages available throughout the season, please inquire for details. Other restrictions may apply.
1.866.383.9586
whistlerblackcomb.com/december
WHISTLER BLACKCOMB

Province gives Dr. Peter Centre half a million

The donation, which matches that recently given by a private, anonymous donor, was given yesterday

KRISTEN THOMPSON
@METRONEWS.CA

A Vancouver care centre for people with HIV and AIDS will now be able to expand its day health-care services into the weekend thanks to a $500,000 grant from the provincial government.

The Dr. Peter Centre currently provides a health program from 9 a.m. to 3:30 p.m. on weekdays for 325 people most in need of care, providing treatment, nursing care, meals and other services.

It also offers a resident program with 24-hour nursing care.

"HIV-AIDS is a serious problem ... among vulnerable populations," said MLA Terry Lake, parliamentary secretary for Health Promotion.

"This funding makes it possible for us to have an even stronger role in B.C.'s STOP HIV/AIDS initiative."
MAXINE DAVIS, EXECUTIVE DIRECTOR OF THE DR. PETER AIDS FOUNDATION

"While medication is available, without support, there is limited success in keeping severely disadvantaged individuals linked to treatment."

Maxine Davis, executive director of the Dr. Peter AIDS Foundation — which runs the centre — said the funding allows the staff to provide greater care continuity and reduce emergency department visits on weekends.

"This funding makes it possible for us to have an even stronger role in B.C.'s STOP HIV/AIDS initiative," said Davis. "Uninterrupted daily HIV treatment is key to its success."

"While most individuals can manage their own HIV medications, many ... need daily nursing care and ... support. Weekend service will make a tremendous difference in (peoples') lives."

Walk. The walk

▶Melvin Rodriguez uses a roller squeegee with a heat gun to apply a sidewalk graphic on Granville Street near Robson Street yesterday morning.

JENNIFER GAUTHIER/FOR METRO

Colouring in between the lines

The pedestrian safety campaign, launched by the city, Translink and the Downtown Vancouver Business Improvement Association, aims to increase bus awareness and remind people to not jaywalk. The decals will run along Granville Street between Hastings and Smithe streets.

Fund created for fire victims

A fund has been established to help the family of two little girls killed in a house fire in Surrey. Priya Saroya, 2, and Sajel Saroya, 5, died Tuesday morning.

The cause of the fire is unknown.

KRISTEN THOMPSON

A big deal from a small guy.
Get up to $75 off a new Koodo phone
PLUS up to a $75 bonus gift.[2]
Plus get a free MINI MUCHACHO collectible figurine.[3]
Samsung Intensity™
$150 $100 Sale price
$0 With the Tab[1]
INQ Chat 3G
$175 $150 Sale price
$0 With the Tab[1]
BlackBerry® Curve™ 8530
$275 $200 Sale price
$50 With the Tab[1]
Offer ends December 31, 2010.
koodo mobile
Good call

BEST BUY FUTURE SHOP LONDON DRUGS Walmart

(1) Subject to approved credit. (2) Bonus gift will vary by store location. See store for full details. Bonus gift available with new activations only. While quantities last. (3) While quantities last. BlackBerry, RIM, Research In Motion and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. All other trademarks are the property of their respective owners.

koodo shop

Aberdeen Mall
Brentwood Town Centre
Coquitlam Centre
Guildford Town Centre
Lougheed Town Centre
Mayfair Shopping Centre
Metropolis at Metrotown
Oakridge Centre
Orchard Park Shopping Centre
Park Royal Shopping Centre
Richmond Centre

QUALITY ELEGANCE

NEVER RE-GIFTED

Canada's choice for the holidays

The holiday season is a time of gathering, connecting and making memories with friends and family. And no wine is more suited to the occasion than Jackson Triggs.

Please drink responsibly.

Please scan this code or go to facebook.com/jacksontriggs to unite your friends and family for a chance to win a VIP Group Winery Experience.

To download a QR code reader please go to SKUyou.com

Coleman out of leadership mix

Barring any surprises, the candidate tally for the B.C. Liberal leadership race won't go beyond four, following an announcement yesterday from Solicitor-General Rich Coleman — long touted as a possible contender — that he is not interested in seeking the premiership.

Coleman's declaration comes on the heels of similar statements of disinterest by Surrey Mayor Dianne Watts and former finance minister Carole Taylor, both of whom had also been widely considered possible front-runners.

The lone high-profile holdout remains former deputy premier Christy Clark. Having already taken a leave from her CKNW radio show to mull her political future, Clark made a last-minute cancellation of a scheduled appearance at the Vancouver Board of Trade yesterday, in a move that will likely fuel further speculation. J.J. MCCULLOUGH

News in brief

Member wants new leader

NDP. Vancouver New Democrat MLA Jenny Kwan called for the resignation of leader Carole James yesterday, releasing a terse statement in which she blasted the party for tolerating a "steady erosion of our democratic principles" under its present leadership.

Accusing James of centralizing power and suppressing dissent, the four-term New Democrat demanded a leadership race to pick James' successor be held "as soon as possible." J.J. MCCULLOUGH

Fire wreaks havoc on West Broadway

West Broadway closed to traffic for several hours ◆ Fire was accidental

JENNIFER GAUTHIER
VANCOUVER@METRONEWS.CA

Firefighters were called to a two-alarm fire at 6:20 a.m. yesterday, after a large amount of smoke was spotted billowing from the roof of a restaurant on the 500-block of West Broadway.

The street was closed to traffic as firefighters opened the ceiling of the Japas Bistro, a single storey commercial building, and found the flames. The fire had spread to the neighboring restaurant, the Sha Lin Noodle House, causing substantial damages to the two restaurants.

The blaze continued to spread, via the attic, to the three other businesses under the shared roof. Vancouver's fire department said in a release that the fire was difficult to fight in the attic area. The other three businesses suffered primarily smoke damage.

The fire was extinguished at 9 a.m. and West Broadway reopened to traffic.

The fire was accidental and caused by an electrical problem.

No injuries were reported, but buses were rerouted and traffic was disrupted along West Broadway for several hours.

JENNIFER GAUTHIER/FOR METRO

▶ Joe Peters, a glazier with Bill's Glass, removes the glass from a door frame that was broken yesterday morning by a fire on the 500 block of West Broadway Street.

Distance Education
ALGONQUIN COLLEGE

Advance your business career

Full-time Business Diplomas available 100% online

It's never been a better time to consider Distance Education (DE) at **Algonquin College**. Learn online and attend class from wherever you are.

Full-time Business programs are available 100% online in:

- Business – Accounting
- Business Administration – Accounting
- Business Administration – Human Resources

Note: Full-time online business programs require an application process.

DON'T DELAY!
Act now to begin your program this winter.
Courses start January 14.

For program information, eligibility requirements and details on how to apply, visit the program page at:
algonquincollege.com/DE

Distance Education. DE*signed* for you.

FREE English classes for adults.

More English skills mean more opportunities in B.C. That's why I'm learning English.

To learn more, visit
www.WelcomeBC.ca

Canada
BRITISH COLUMBIA
The Best Place on Earth

Upgrade to TELUS.

Welcome to Mobile Paradise, where the hottest new smartphones run on Canada's fastest* coast-to-coast mobile network.

LG Optimus One with Google™

$0 | $199.99

3 year term | No term

SAVE $199.99

BlackBerry® Torch™ 9800

$149.99† | $599.99

3 year term | No term

SAVE $450

HTC Desire™

$49.99‡ | $449.99

3 year term | No term

SAVE $400

telusmobility.com

TELUS

the future is friendly®

TELUS AUTHORIZED DEALERS

LOWER MAINLAND

Vancouver

551 Robson St.

Bentall Centre

Oakridge Centre

Pacific Centre

2163 West 4th Ave.

689 Thurlow St.

925 West Georgia St.

1855 Burrard St.

3121 West Broadway

2748 Rupert St.

525 Seymour St.

625 Howe St.

950 West Broadway

1707 Robson St.

1092 Kingsway

3490 Kingsway

2338 Cambie St.

Burnaby

Brentwood Mall

Crystal Square

Lougheed Mall

Metrotown/Metropolis

4501 North Rd.

4711 Kingsway

3823 Henning Dr.

3430 Brighton Ave.

Coquitlam

Coquitlam Centre

2700B Barnet Hwy.

3278 Westwood St.

3000 Lougheed Hwy.

2988 Glen Dr.

1071 Austin Ave.

New Westminster

Royal City Centre

North Vancouver

Capilano Mall

Lynn Valley Centre

1199 Lynn Valley Rd.

1295 Marine Dr.

1801 Lonsdale Ave.

1392 Main St.

Richmond

Admiralty Centre Mall

Ironwood Mall

Parker Place

Richmond Centre

12571 Bridgeport Rd.

West Vancouver

Park Royal Shopping Centre North/South

Whistler

7009 Nesters Rd.

Squamish

Garibaldi Village

For more details on these great offers, visit your TELUS authorized dealer or retailer, visit telusmobility.com or call 1-866-264-2966.

FUTURE SHOP BEST BUY LONDON DRUGS Visions BLACK'S

*Based on TELUS' tests of data throughput speeds in large Canadian urban centres available from national HSPA+ service providers. Internet access speed provided by the network operator may vary due to the device being used, network congestion, distance from the cell site, local conditions and other factors. Speed on the Internet is beyond the wireless network operator's control and may vary with your configuration, Internet traffic, website server and management policies, and other factors. †Available until December 31, 2010, for clients who activate or renew on a 3 year term with a Clear Choice voice and data rate plan of $50 or greater, or on a BlackBerry Social or BlackBerry Email & IM rate plan. TELUS reserves the right to modify eligible rate plans with this offer at any time without advance notice. ‡Available until December 31, 2010, for clients who activate or renew on a 3 year term with a Clear Choice voice and data rate plan of $50 or greater. TELUS reserves the right to modify eligible rate plans with this offer at any time without advance notice. TELUS, the TELUS logo and the future is friendly are trademarks of TELUS Corporation, used under licence. BlackBerry, RIM, Research In Motion and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Android and the Android logo as well as Android Market and the Android Market logo are trademarks of Google, Inc. Facebook is a registered trademark of Facebook, Inc. Google, the Google logo, Google Maps, YouTube, Android and Gmail are trademarks of Google, Inc. Twitter is a trademark of Twitter, Inc. in the United States and other countries. All other trademarks are the property of their respective owners. © 2010 TELUS.

Dog stolen from yard

Boxer taken from backyard kennel of Vancouver home while owners slept

A Vancouver family is appealing to the conscience of whomever stole their dog to bring back their "beloved pet."

Shobha, a five-year-old Boxer, had been put in her heated backyard kennel on Nov. 17 and disappeared sometime overnight.

"(The family) found that someone had broken into the fenced-in area built for Shobha and stolen the dog," police said in a release.

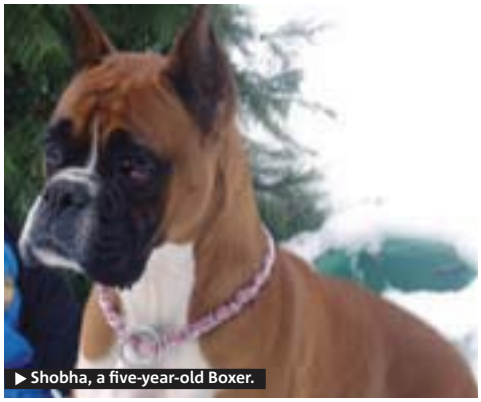
"Shobha's owners desperately miss her, and the two young children who call Shobha their 'best friend' want nothing more than to have her returned."

Police say the owner posted a reward ad on the Internet and was contacted by someone who claimed they may know who had the dog.

"Investigators have spoken to the person who claimed to have knowledge of where Shobha is and the investigation is continuing."

Anyone with information is asked to call police.

KRISTEN THOMPSON



▶ Shobha, a five-year-old Boxer.

News in brief

Weapons cache discovered

KAMLOOPS. A tripod-mounted machine gun and 10 rifles have been found hidden in the home of a man who was shot and wounded by the RCMP last week. Const. Cheryl Bush says police also found a sawed off shotgun, thousands of rounds of ammunition and body armour, and the discovery could lead to more charges against 43-three-year-old Gregory McNeil.

He's already facing seven charges, including possession of a firearm, from an incident last Thursday in which he was shot in the arm and leg by Mounties. THE CANADIAN PRESS

Polygamous women defended

COURTS. A B.C. Supreme Court case that's testing the validity of Canada's laws against multiple marriages has been told women in polygamous relationships say they have chosen that lifestyle and claim they aren't treated badly. The testimony came from McGill University law professor Angela Campbell, who interviewed women living in the polygamous community of Bountiful. THE CANADIAN PRESS

Photo Credit: Mike Proulx www.worldrallysport.com

CANADIAN RALLY CHAMPIONS, RALLY OF THE AMERICAS AND NORTH AMERICAN RALLY CHAMPIONS.

CONGRATULATIONS TO ANTOINE L'ESTAGE AND NATHALIE RICHARD ON THEIR TRIPLE CROWN VICTORY!

During the 2010 Rally Series, dirt, snow and ice routinely mix together on thousands of KM's of fast, winding, tree-lined gravel roads to provide an unbridled testing facility. That's why we have skilled Lancer Evolution Rally driver Antoine L'Estage and co-driver Nathalie Richard behind the wheel. Their success at the rallies is further proof that Mitsubishi vehicles are not only reliable, but exceptional driving machines – on or off the track. We're looking forward to continuing our winning heritage.

MITSUBISHI-MOTORS.CA

10 YEAR 160,000 km POWERTRAIN LTD WARRANTY
BEST BACKED CARS IN THE WORLD

*Whichever comes first. Regular maintenance not included. See dealer or mitsubishi-motors.ca for warranty terms, restrictions and details. Not all customers will qualify. **Best backed claim does not cover Lancer Evolution and Ralliart models. ® MITSUBISHI MOTORS, BEST BACKED CARS IN THE WORLD are trade-marks of Mitsubishi Motors North America, Inc. and are used under license.

Nice is paying a little to get a lot.

$0 WITH YOUR WINDtab™ Nokia 5230

~~$45 month~~

$25 month

Unlimited Canada-wide talk + text.

Up to 1 year. Includes voicemail. From any WIND Zone. Limited time only.

WIND™ The Power of Conversation™

3G+ WINDmobile.ca

$250 WITH YOUR WINDtab

BlackBerry® Bold™ 9700

FREE

BlackBerry® Pearl™ 3G

Nice is two for one.

Get 2 BlackBerrys® for the price of 1. When you activate both on select 50% off plans and data add-ons.

While quantities last, be sure to check out WINDmobile.ca for participating locations.

British Columbia

WIND Stores

Burnaby

9855 Austin Rd

Crystal Mall

Richmond

Aberdeen Mall

Vancouver

116 Davie St

2228 W 4th Ave

Arbutus Village

Lonsdale Quay

City Square

3149 Kingsway

Cambie & Broadway

Tinseltown

East Hastings St

West Vancouver

Park Royal S

Surrey

Ravi Video - 8334 128th St

Sabzi Mandi - 72nd Ave

British Columbia

BLOCKBUSTER® Kiosks

Burnaby

Hastings St & Carleton

New Westminster

6th St & 7th Ave

Vancouver

Kerrisdale

Fraser St & E 49th Ave

12th & Main

Kingsway & Gladstone St

Robson St & Cardero St

1905 Lonsdale Ave

Alberta WIND Stores

Calgary

Marlborough Mall

Westbrook Mall

1013 17th Ave SW

211 10th Str NW

Edmonton

Market Mall

Capilano Mall

Londonderry Mall

Kingsway Mall

Edmonton City Centre W

West Edmonton Mall

Alberta BLOCKBUSTER® Kiosks

Calgary

Brentwood Plaza

62 Saddletowne Circle NE

380 Canyon Meadows Dr SE

7740 18th St E

Edmonton

95th St & 167 Ave NW

Baseline & Broadmoor

104th St & 79 Ave NW

23rd Ave & 109th St NW

CONDITIONS APPLY TO THE WINDtab™ AND ALL OFFERS. LEARN MORE AT WINDMOBILE.CA. WIND and WIND MOBILE are trademarks of Wind Telecommunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. THE POWER OF CONVERSATION is a trademark of Globalive Wireless Management Corporation. ©2010 WIND Mobile. BLOCKBUSTER name, design and related marks are trademarks of Blockbuster Inc. © 2010 Blockbuster Inc. Nokia is a registered trademark of Nokia Corporation. © 2010 Nokia. All rights reserved. BlackBerry®, Bold™, Pearl™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. All other trademarks are property of their respective owners

Founder cuts a mysterious figure

WikiLeaks founder Julian Assange called both the 'James Bond of journalism' and a 'social misfit'

WIKI LEAKS

Julian Assange has come a long way from an unsettled childhood in Australia as a self-acknowledged social misfit.

After founding WikiLeaks in 2006, Assange adopted an elusive lifestyle, spending long periods in hiding, shuttling from one country to another, and mixing brief public appearances with "appearing" remotely for interviews and panel discussions by video link over the Internet.

At times, he has also altered his appearance, dyeing his prematurely white hair blonde, then black, and cutting it short.

Amid the controversy over the release of Afghan documents this past summer, he flew to Sweden, seeking a residence permit and protection under that country's broad press freedoms. His initial welcome was euphoric.

Bond-style

- Assange communicates with friends and colleagues with encrypted cellphones. He is known to travel under false names, to wear disguises and to use cash instead of credit or debit cards.
- Assange's exact whereabouts are unknown (one report suggests he's hiding outside London), although he has conducted online interviews with some media organizations from undisclosed locations.

"They called me the James Bond of journalism," he recalled wryly.

Assange's lawyer charged yesterday that Assange is being persecuted by Swedish authorities who have accused him of rape and other sex crimes in a case that prompted Interpol to place him on its most-wanted list.

According to accounts his accusers gave to the police and friends, the women both had consensual sexual encounters with Assange that became non-consensual. One woman said that Assange had ignored her appeals to stop after a condom broke. The other woman said that she and Assange had begun a sexual encounter using a condom, but Assange did not comply with her appeals to stop.

TORSTAR NEWS SERVICE/WITH FILES FROM THE ASSOCIATED PRESS

MARTIAL TREZZINI/THE ASSOCIATED PRESS

▶WikiLeaks founder Julian Assange, seen on Nov. 4 in Geneva, Switzerland.

Assange no stranger to being on the move

It isn't just lately that Julian Assange has been on the run.

The WikiLeaks founder has led a troubled and interesting life so far.

Julian Paul Assange is an Australian who studied at the University of Melbourne. He has no home but spends much of his time in Sweden.

Assange describes his childhood as "pretty Tom Sawyer" and says he liked to fish and explore mine shafts.

Despite that, he seems to have had a troubled childhood.

Assange was homeschooled, in part because his family moved 37 times by the time he was 14.

He spent part of his teen years on the run with his mother from an abusive boyfriend, who may have been a member of a cult called the Family.

TORSTAR NEWS SERVICE

DeSerres

14.95 24.95
Royal & Langnickel Watercolour Initiation Case
RBW2402

14.95 24.95
Royal & Langnickel Acrylic Paint Starter Set
1 metal case, 12 tubes and accessories
RBA2401

9.95 ea. 12.95
Science Explorer Kit
Create or observe your favorite scientific phenomena
WR85273, WR85274, WR85278, WR85294, WR86023

19.95 ea.
Scale Models, 2 Airplanes or 2 Cars
Quick assembly including paint and brushes
T4035CA, T4036CA

29.95
Set of 72 Mungyo Oil Pastels in Wooden Case
MOP72W

Prices in effect until December 31, 2010 or while supplies last.

1629, Main Street • 1431, West Brodway Street
26 stores across Canada | Since 1908
Proudly Canadian
Shop online DESERRES.CA

ITSUO INOUYE/ASSOCIATED PRESS

▶ Tomy Co. assistant manager, Hisanao Takahashi, plays with a Tomica Mega Station set.

Playing with toys

Tomy Co., Japan's No. 2 toy company, is hoping to score a comeback in North America this Christmas with toy trains and cars that boast a 40-year history in Japan, but have previously failed to catch on abroad. Tomy is hopeful about year-end sales in the U.S., the world's biggest economy, even as worries linger about purse-tightening with U.S. unemployment near 10 per cent.

Market moment

PRICES AS OF 4 P.M. YESTERDAY

TSX	Dollar
+ 195.47 (13,148.35)	+ 0.92¢ (98.33¢ US)

Oil	Natural gas
+ $2.64 US ($86.75 US)	1,000 cu ft $4.269 (+ 8.9¢) Gold contracts $1,387.30 (+ $2.30)

VANCOUVER CAREER COLLEGE

From here.
To career.

The Shortest Path To A Business Career

- Train today for:
  - Paralegal
  - Legal Administrative Assistant
  - Accounting & Payroll Admin
  - Human Resources Professional
  - Business Admin / E-Commerce Management
  - Hospitality Management

Step into the career you've been dreaming of. Call today!

learn.vccollege.ca ☆ 1.866.306.6766

23 SHOPPING DAYS LEFT

KIDS' DAY!

ONE DAY ONLY! THURSDAY, DECEMBER 2, 2010

$10 Each

KIDS' REG. PRICED*:

HOODIES,
Sears reg. 19.99 - 59.99.

LICENSED TOPS,
Sears reg. 11.99 - 59.99.

DENIM,
GIRL CONFIDENTIAL™/MC
NEVADA®/MD AND
EXTREME ZONE®/MD
Sears reg. 11.99 - 39.99.
Sizes infants'-18

BUY ONE PAIR,
GET THE 2ND PAIR FREE**
*ALL KIDS' REG. & CLEARANCE PRICED FOOTWEAR

MARVEL and SPIDER-MAN are registered Trademarks. All rights reserved.
Hello Kitty® is a Trademark of Sanrio.
Barbie: (2010) Mattel Inc. TM+© 2010 Sesame Workshop
Glee™: Glee™ & © 2010 Twentieth Century Fox Film Corporation.
All Rights Reserved.

*These savings offers exclude items with prices ending in .88 & .97. While quantities last.
**Second pair must be of equal or lesser value & must accompany any returns

Sears

NE121G610 © 2010. Sears Canada Inc.

A TALE OF THE MALE BIOLOGICAL CLOCK

He says ...

JOHN MAZEROLLE

My brother's family recently celebrated the arrival of a baby boy, which, being good Catholics, is not so much a once-in-a-lifetime miracle as an annual rite of passage, like the Super Bowl.

It's still special, but this is their fifth kid in six years, which is the same rate that the NHL has been handing out Stanley Cups. As baby makers go, they're a dynasty, a team of destiny.

Meanwhile, I'm not even making the playoffs. I've always loved kids, but I have it on good authority from reliable sources that, in most cases, a woman is required, for what I assume are legal reasons.

My wife and I separated partially because I changed my mind and decided that I did in fact want children. You can compromise about a lot of things when you're married, but it's difficult to have half a child. ("We'll just have the top half, dear. Less mess.")

And as my (lovely) ex once said, "This is serious. It's not like we differ on strawberries."

So we parted ways. I moved to a bachelor pad, she moved to the Middle East, which I suspect says something about how well I handled everything. (In my defence, she did not move to Mount Merapi, the Mariana Trench, or the moon.)

And now I work toward the goal of a child by 40.

I've got a lot of work to do, because you can't just suddenly christen yourself a parent at random if your name isn't Angelina Jolie, who adopts children with the same frequency the Knights of Columbus adopt highways.

"I've got a lot of work to do, because you can't just suddenly christen yourself a parent at random if your name isn't Angelina Jolie ..."

I'd prefer to have a child as part of a family, which means I'll have to get over this crippling post-divorce fear of commitment. Right now I date, get comfortable, then I hear the word "relationship," and I run away so fast I leave a Road Runner dust trail behind me and stare back from a distance, big cartoon eyes blinking in the darkness. I know it's safe to come back down when I hear the entire female species simultaneously breathe the word, "Men."

But I have a biological clock of sorts. I don't like the idea of being so much older than my child that I can't teach, relate, or play. I don't want to be in the position where we're both wearing diapers.

So, I'll start thinking about a child just as soon as I stop acting like one. And if things don't work out, I'll ask Angelina if she has any extra.

Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER

Basic diet for basic training

Worth mentioning

New soldiers expecting army drill sergeants to bust their chops over poor posture or a wayward gaze may instead want to avoid a more modern military transgression: Relying on fast food for sustenance.

The U.S. army plans to get new recruits into better shape with a revamped approach to health, fitness and diet at basic training.

The most visible changes will be seen in mess halls, where milk and juice dispensers will replace soda fountains, and whole grains will be substituted for white bread and pasta.

Army leaders unveiled the new approach yesterday at Missouri's Fort Leonard Wood. It's the first substantial change to basic fitness training in the army in 30 years.

"We are seeing many soldiers entering our profession who need phased conditioning methods and improved nutritional habits," said Lt.-Gen. Mark Hertling, of the Army's Training and Doctrine Command.

The "soldier athlete" initiative is designed to prepare new recruits with training methods similar to those offered to elite athletes preparing for competition.

Drill sergeants will include one-hour sessions on performance nutrition in addition to their traditional responsibilities.

THE ASSOCIATED PRESS

Healthy fighters

TORSTAR NEWS SERVICE FILE

Do you believe in alien life forms?

Email
vancouverletters@metronews.ca
Twitter
@vancouvermetro

Metro has the right to edit letters and submissions.

metro

METRO VANCOUVER • #250 - 1190 Homer Street • Vancouver, BC • V6B 2X6 • T: 604-602-1002 • Fax:604-648-3222 • Advertising number: 604-602-1002
metronews.ca/vancouver/advertise
metronews.ca/vancouver/contactus
Publisher Maryse Lalonde, **Managing Editor** Jeff Hodson, **Distribution Manager** George Acimovic
METRO CANADA: Group Publisher Bill McDonald, **Editor-in-Chief** Charlotte Empey, **Deputy National Editor** Fernando Carneiro, **Associate Managing Editor** Tarin Elbert, **Scene/Life Editor** Dean Lisk, **Asst Managing Editor** Amber Shortt, **Art Director** Laila Hakim, **Nat'l Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

Metro Minute at tree lighting

The largest tree-lighting ceremony in Western Canada will be held tonight on the lawn outside the Vancouver Art Gallery. The event, in its fourth year, drew more than 1,500 spectators last year. Mike Reno, lead singer of Loverboy, joins the Vancouver Children's Choir, the B.C. Lions, the Vancouver Giants and the Felion Dance Team in the pre-lighting festivities, beginning at 5:30 p.m. The 50-foot tree will be lit at 6:45 p.m. The event began in 2007 when Amacon decided to turn its holiday staff party into a free, public celebration. Since then, the lighting has raised $450,000 for a number of local charities, including B.C. Children's Hospital.

METRO

CONTRIBUTED

▶ A tree-lighting ceremony will be held tonight on the lawn outside the Vancouver Art Gallery.

ROGERS™ authorized dealer

BURNABY
Crystal Mall
4500 Kingsway
(604) 718-2112
Lougheed Town Centre
(604) 420-7979
101-3855 Henning Dr.
(604) 431-2900
Metropolis at Metrotown
(Near Skytrain) (604) 433-8000
(Near SilverCity) (604) 430-3903
(Near T&T) (604) 432-9303
COQUITLAM
The Coquitlam Centre
(604) 941-6122
DELTA
Bayside Village
(604) 943-3602
5180 Ladner Trunk Rd.
(604) 946-7100
Scottsdale Centre
(604) 590-9011
FERNIE
522 2nd Ave.
(250) 423-2171
LANGLEY
Willowbrook Shopping Centre
(604) 532-8400
(604) 532-9099
Fraser Crossing
(604) 532-0440
MAPLE RIDGE
Valley Fair Mall
(604) 466-1675
330-20395 Lougheed Hwy.
(604) 460-2888
NEW WESTMINSTER
Royal City Mall
(604) 777-9906
NORTH VANCOUVER
8-1301 Marine Dr.
(604) 983-3335
Park and Tilford Mall
(604) 988-2803
120a-1199 Lynn Valley Rd.
(604) 984-8900
RICHMOND
Aberdeen Centre
(604) 279-9187
Lansdowne Mall
(604) 247-2355
Aberdeen Centre
(604) 303-8811
Richmond Centre
(604) 273-2203
SOUTH SURREY
South Point Exchange
(604) 531-2500
SURREY
701-6476 176th St.
(778) 571-0776
Central City Mall
(604) 583-7000
500-18696 Fraser Hwy.
(604) 576-6360
Centre of Newton
(604) 599-5522
Nordel Crossing
(604) 543-8886
VANCOUVER
Bentall Centre Mall
(604) 602-0968
City Square
(604) 876-0888
920 Davie St.
(604) 684-5981
107-370 E. Broadway
(604) 879-1003
103-1807 Burrard St.
(604) 736-3326
6510 Fraser St.
(604) 325-6665
Kingsgate Mall
(604) 879-1003
1022 Mainland St.
(604) 608-2448
Oakridge Centre
(604) 267-1011
601 Robson St.
(604) 682-4333
1093 Robson St.
(604) 628-1388
1795 Robson St.
(604) 605-8290
148-555 W. 12th Ave.
(604) 876-0888
5759 West Blvd.
(604) 267-6383
2691 W. Broadway
(604) 736-1813
1028-2160 Western Parkway
(604) 221-5505
WEST VANCOUVER
Park Royal Mall North
(604) 921-1302
Park Royal Mall South
(604) 921-4880

ROGERS plus

BURNABY
6512 Hastings St.
(604) 291-9068
7645 Royal Oak Ave.
(604) 451-0233
Old Orchard Shopping Centre
(604) 433-6125
COQUITLAM
Westwood Plateau Village
(604) 464-5862
Como Lake Village
(604) 931-8104
DELTA
Sunshine Hills Shopping Centre
(604) 591-7767
MAPLE RIDGE
22430 Dewdney Trunk Rd.
(604) 463-2231
Westgate Shopping Mall
(604) 460-6527
NEW WESTMINSTER
Royal Square Mall
(604) 515-8213
NORTH VANCOUVER
Capilano Mall
(604) 983-9744
1661 Lonsdale Ave.
(604) 980-7291
PORT COQUITLAM
Prairie Mall
(604) 552-3316
Shaughnessy Station
(604) 941-2423
RICHMOND
192-8180 No. 2 Rd.
(604) 275-4848
8900 No. 1 Rd.
(604) 241-0711
Garden City Shopping Centre
(604) 244-7800
SURREY
Clover Square Village
(604) 574-6341
Evergreen
(604) 581-2287
10340 152nd St.
(604) 588-8900
Peninsula Village Shopping Centre
(604) 535-8828
101-7175 138 St.
(604) 599-8880
TSAWASSEN
Bayside Shopping Centre
(604) 943-9940
VANCOUVER
2097 W. Broadway
(604) 733-3999
2696 E. Hastings St.
(604) 254-9555
5503 West Blvd.
(604) 266-6097
8377 Granville St.
(604) 266-1500
1295 Davie St.
(604) 669-7377
2200 York Ave.
(604) 732-5007
1027 W. 15th Ave.
(604) 731-1699
Victoria Square
(604) 301-1836
PACIFIC CENTRE
(604) 801-5292
WEST VANCOUVER
Park Royal Shopping Centre
(604) 926-2623
180-5341 Headland Dr.
(604) 925-6470

With the hottest new HD smartphones from Rogers, you get crystal clear, hi-def images like you've never seen before. Now you can lose yourself in games, apps, surfing and videos right on your phone. Seeing is believing. And once you do, you'll agree, everything's better in HD.

ONLY AT ROGERS™

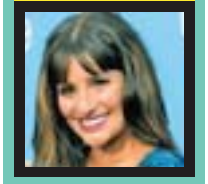
VISIT **ROGERS.COM/HDPHONES** FOR MORE INFORMATION.

ROGERS™ authorized dealer · ROGERS plus · WIRELESSWAVE · WIRELESS etc... · COSTCO WHOLESALE · FUTURE SHOP · sony style · booth wireless · BEST BUY · Walmart

*Offers available Nov 16, 2010 (except as noted) and subject to change without notice. Not all products available at all locations. *Acer Liquid E $19.99, Samsung Captivate $179.99, Nokia N8 $79.99, and Samsung Focus $199.99; each with new activation on any 3-yr. term Voice & Data plan having min. $45 monthly service fee. Until Nov 22, Samsung Focus only available through rogers.com (quantities limited). Dell Streak $149.99 with new activation on any 3-yr. term Voice & Data plan. Sony Ericsson Vivaz Pro $49.99 with new activation on any 3-yr. term Voice plan. Taxes extra. Early cancellation fees apply. © 2010

2 scene

News in brief



Even though Lea Michele stars on a television show, her Glee role has had such an impact on music this year that Billboard is honouring her with a "triple threat" award.

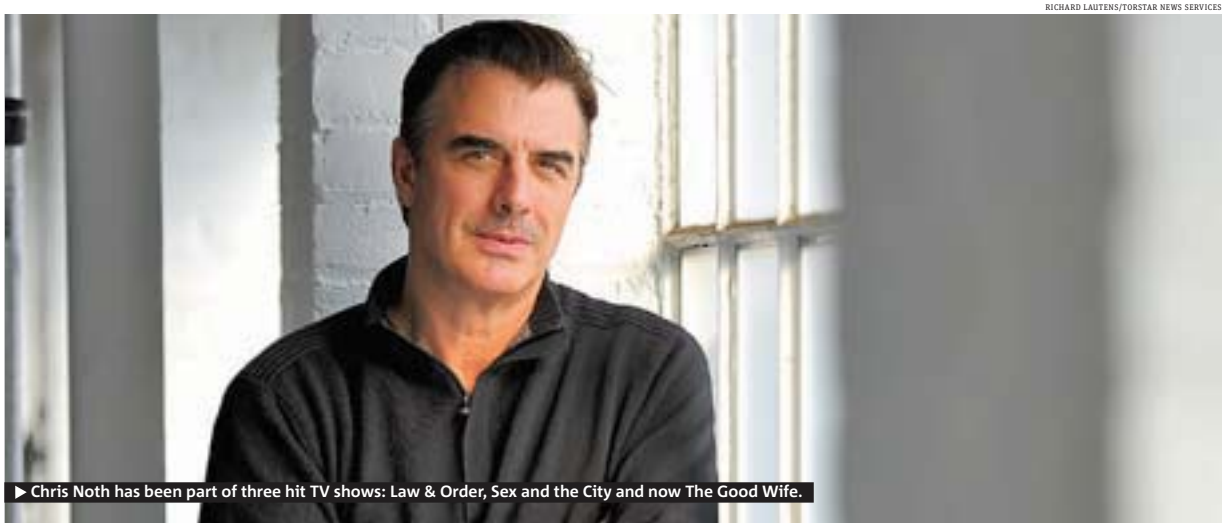
She'll get the award at Billboard's annual "Women in Music" luncheon in New York City tonight honouring Fergie of the Black Eyed Peas. The 24-year-old Michele says "it's wonderful recognition." But she has no plans to put out a record like her co-star Matthew Morrison.

THE ASSOCIATED PRESS

CBS' The Early Show undergoes complete talent overhaul

Veteran TV actor still can't wrap his brain around celebrity obsessions ◐ Blames tabloids for dumbing down America and letting the Tea Party dominate the political discourse ◐ And how Sex and the City ruined New York for him

RICHARD LAUTENS/TORSTAR NEWS SERVICES



▶ Chris Noth has been part of three hit TV shows: Law & Order, Sex and the City and now The Good Wife.

Good Wife's Noth gets political

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

Though still a New Yorker at heart, Chris Noth admits it's been easier and easier to spend his time on the west coast.

"New York's changed a lot, but I still keep my place there. I'd never give that up" he says. "I mean, let's face it, it's become a bank and a drug store. Sex and the City ruined it."

Noth is in L.A. now to promote his latest TV gig, The Good Wife, now in its second season. But that's not what he really feels like discussing. "I'm sort of the recurring guest artist on it," he says. "It's not really my show."

So what does he want to talk about? Well, how about the Tea Party? "It's a terrible time in America. It's all partisanship," he says. "A really smart politician doesn't really have a chance, so we get all these yokels like the Tea Party."

Playing a politician brought down by a sex and corruption scandal has given him some new insight.

"A really good politician doesn't have much of a chance, unless he's a f–ing saint. And nobody's a saint," Noth says. "John F. Kennedy would never be president today."

And he's got a few theories as to how things got to be the way they are. Here's a hint: tabloids aren't helping.

"It's all so mundane now. You know, what shoes they're wearing. 'Look, stars pick up dog poop!' Whatever these magazines are," he says. "They've so dumbed our country. … And I think what people are doing is missing out on their lives by tuning into this fake celebrity s—."

So what about that other series he did, the one that ruined New York? Noth admits it's still the thing he's recognized for the most.

"I've never understood that phenomenon," he says. "I did a show that obviously had some kind of intense impact about this character that I played, that relationship with Carrie. But it's a fantasy. Come on, look at the apartment she had."

Good and bad not easy to pin down: Noth

While Chris Noth's character in The Good Wife is a confirmed philanderer, he doesn't think it necessarily makes him "The Bad Husband" — or at least shouldn't bear sole responsibility for his marital difficulties.

"Whatever reasons that he strayed also are in that union, that marriage," Noth says. "It's his fault for doing that, maybe, but how did it start? We don't know, we haven't explored that.

"What's missing in that to make him go do that? That hasn't been explored, and it may or may not be. But I wouldn't put much emphasis on the words good or bad."

NED EHRBAR

A FILM BY CHRISTOPHER NOLAN
INCEPTION
BUY IT ON BLU-RAY™ COMBO PACK AND DVD
DECEMBER 7
UNLOCK THE DREAM
SNAP A PHOTO OF THE INCEPTION TOTEM...
SEND TEXT TO 95871 OR EMAIL TO INCEPTION@SNAPTAG.MOBI
Standard Messaging and Data Rates may apply.*
AND RECEIVE NEW INCEPTION CONTENT EACH WEEK INCLUDING NEVER-BEFORE-SEEN VIDEOS
Inception © 2010 Warner Bros. Entertainment, Inc. and Legendary Pictures. All rights reserved.
*Snap a photo and send it to 95871 (Rogers & Telus Only), all others send the photo through inception@snaptag.mobi or Text "Inception5" to 95871. Standard Messaging and Data Rates may apply.

Album reviews A classic ●●●●● | Buy it ●●●● | Get the single ●●● | Borrow it ●● | Don't bother ●

BEP do what they do best: make hits

Black Eyed Peas
Album: The Beginning
Label: Universal
●●●

There's not much left to say about the Black Eyed Peas. If you find their radio-courting singles obnoxious, their latest won't change that. If you like their insanely infectious club-friendly hip-hop you'll love this.

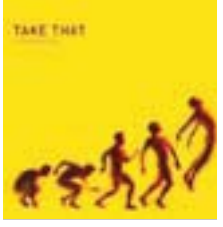
Their first track is enough to make them a bazillion dollars — they take the chorus of Time of My Life and turn it into an epic rave number.

As usual, it's easy to hate this disc, but if you can give yourself over to the fact that BEP have perfected the pop-rap-meets-dance genre then you can start appreciating what they do. The bottom line is that they create huge songs that will get massive radio play. And they do it better than most. You can't get much poppier than Love You Long Time's repetitive chorus, while XOXOXO's deep drums and electro riffs is so simple you'll be humming the words and the background music.

As usual, the most grating parts come from Fergie — her forte is repeating choruses over and over again until you feel like throwing your computer out the window. There's also too much auto-tune on the record, but when you're listening to this drunk at the bar, or blasting it out your window it won't matter. You've got to give them credit, for better or worse, their formula works.

Outstanding track: XOXOXO
● BRYAN BORZYKOWSKI

Fefe Dobson
Album: Joy
Label: Universal
●●●
On her long-awaited second album, the Scarborough songstress starts out sounding like so many other over-produced pop divas we've heard over the last few years. The opening track Ghost has been getting plenty of air time, as will the next two tracks, Thanks for Nothing and Stuttering. This script has been growing stale for years. Somewhere inside this record, lies a punk rocker struggling to rip out of the stretch wrap.
Outstanding track: Watch Me Move
● GRAHAM ROCKINGHAM



Take That
Album: Progress
Label: Polydor
●●●●
Justin Timberlake take notice: if your solo career dies, you can always go back to your old band. That's what happened with Robbie Williams, member of popular British group Take That. That's news in itself, but the record also marks a departure for the band – gone are the ballads that made them famous. Progress sees them banging out epic rockers on SOS, dabbling in arena rock on Kidz and Beatles-like pop on Pretty Things. **Outstanding track:** SOS ● BRYAN BORZYKOWSKI

Bryan Adams
Album: Bare Bones
Label: Decca
●●●
Another stripped-down, hits-based live solo effort, Bare Bones is incredibly similar to Adams' 1997 album MTV Unplugged. Still, one can't deny how there's something calm and captivating about the gravelly-voiced minstrel when accompanied by only an acoustic guitar and piano. While 20 tracks of plinky twang and simpleton lyrics wear thin after over an hour, there is an air of thrill when Neil Young-ish harmonica-bolstered I'm Ready and the formative Tom Waits inspiration of Right Place are belted out.
Outstanding track: I'm Ready ● KEITH CARMEN

60 seconds

▶ Chrisette Michele raps on her third album, Let Freedom Reign.

CHRISETTE MICHELE

"THIS ALBUM IS ABOUT ME JUST SAYING WHAT I NEED TO SAY"

There's more confidence in Chrisette Michele's voice these days. The Grammy-winning singer is speaking her minding on her third disc, Let Freedom Reign, out this week.

Are you nervous about people hearing you rap?
I'm not nervous, I'm curious. I'm usually petrified. ... But this time, I'm not so nervous about people's opinions as I am about if the record label is going to be proud of the numbers. That whole numbers thing makes me uncomfortable. I hate it.

What do you do to ease things?
If I was smart, I would party. I would party all week. I'd get drunk, you know. I'd smoke something. If I were smart, boy! 'Cause I get invited to a lot of parties, but instead I just watch cartoons, hang out with friends, go to the movies, do lots of press. Lots! Lots of press. But I should go get drunk.

Would you say the music industry is cold?
People are mean and hateful, angry — haters everywhere, stupid blogs. People want to type ugly things ... That hurts! So yeah, it's very cold.

Do you have any dream collaborations?
I think it would be cool to work with Janelle Monae and B.o.B — if I could just get their phone numbers. Next time I see them at an awards show, I'm just going to be (like), "Yo, what's your number?"

THE ASSOCIATED PRESS

Comeback CD is emotional

After battling with drug addiction and jail, El DeBarge finds healing through process of making his new solo album, Second Chance

▶ El DeBarge is releasing his first album in 16 years.

Recording a new album for El DeBarge was an emotional experience.

"It's been such a long time since I've done it," DeBarge said Tuesday. "I cried a little bit because I was so joyful and happy about it."

It's been 16 years since DeBarge has released new music. He's returned with Second Chance, his fifth solo album, which is out this week.

The 49-year-old said the tears were a result of him rediscovering his own musical abilities.

"I really wanted to know that I could still do it again and when I heard my voice I was just like, 'Wow,"' he said.

DeBarge made his comeback at this year's BET Awards in June. He's most famous as the leader of the R&B clan, DeBarge, which featured his family members.

The performer, who was jailed for two years following a 2008 drug possession arrest, said he knew for a while that he wanted to release new music, but waited until he was clean.

"I just needed to get my willpower back and get off those drugs and get my strength back," DeBarge said, who had been addicted to drugs for 22 years.

DeBarge wrapped up a national tour with Mary J. Blige in October and said he's planning his own tour for 2011. He also said he's getting into acting.

"I'm playing myself in a movie that's coming out in 2011 called Jumping the Broom and I'm singing," he said. "So I think it will spring off from there maybe to some acting."

THE ASSOCIATED PRESS

LINDOR RED CARPET MOMENTS.
Enhance your holiday moments with Lindor.
Visit lindtlindor.ca for chances to win daily prizes.

Bieber, Drake, Arcade Fire score Grammy nods

THE CANADIAN PRESS

▶ Burnaby, B.C., crooner Michael Bublé is up for a pair of awards at this year's Grammys.

Canadian teen pop sensation Justin Bieber has his first Grammy nominations, while compatriots Arcade Fire and Drake are also in the running for prizes at the annual music awards bash.

Bieber and Drake will face off for best new artist, competing with Florence And The Machine, Mumford And Sons and Esperanza Spalding.

It's one of four nominations for Drake, who is also up for best rap album.

And Arcade Fire is up for album of the year — arguably the top prize to be handed out at the Feb. 13 show. The Montreal rockers will compete with four of the biggest acts of the past year: Eminem, Lady Gaga, Lady Antebellum and Katy Perry.

They were also nominated for best rock performance by a duo or group with vocals and best alternative music album.

The nominations were announced yesterday during an hourlong special on CBS.

Resurgent rapper Eminem was the leading nominee. His Recovery CD was nominated for 10 awards, including the biggest prizes: Album, song, and record of the year. Bruno Mars was not far behind with seven nominations, while Lady Antebellum, Jay-Z and Lady Gaga had six each.

Neil Young earned three nominations — including one for best rock album — while other Canadians up for awards include Melanie Fiona, Alex Cuba and Michael Bublé.

THE CANADIAN PRESS

VCAD
VISUAL COLLEGE OF ART AND DESIGN OF VANCOUVER
OPEN HOUSE
Find out if a DESIGN CAREER is right for you!
Monday December 6th, 2010
6pm– 8pm Check in at 5:30 pm sharp!
626 W. Pender St. Vancouver, BC
- Discover VCAD's industry-leading programs
- Meet faculty and students
- Explore VCAD's new downtown campus
- Participate in hands-on design activities
Industry Renowned Guest Speakers
Glen Kennedy
Stephanie St Loe
Miriam Melanson
Jeff Ellis
Learn About VCAD's unique programs
Marketing and Merchandising for Fashion
Fashion Design
Interior Design
3D Modeling Animation Art & Design
Graphic Design
Web Design & Programming
RSVP
1.800.360.6157
Van.vcad.ca

Zap Zits

The Pimple Healer (Mario Badescu) dries out pimples overnight and helps prevent breakouts.

YALETOWN
1120 Hamilton Street, #103
604-642-2294
www.beautymark.ca

BEAUTY mark
www.beautymark.ca

For those without a Metro the forecast calls for "I dunno," with a slight chance of "huhhhh?"

metro
News worth sharing.

YOU COULD
WIN
A POWERMAT WIRELESS CHARGING SYSTEM

POWERMAT
WIRELESS CHARGING
facebook.com/powermatcanada
VISIT clubmetro.com TO ENTER
To register and for full contest details visit clubmetro.com

Keith gets personal with fans

The country star played a free concert in Edmonton The plans to make nine Canadian stops in 2011 when he tours for his album Get Closer

Keith Urban recently got intimate and interactive with fans in Edmonton.

He may have charmed 3,000 Edmonton fans with a free mini-concert at one of the world's largest shopping malls, but country-pop superstar Keith Urban also might have landed one teenager in a spot of trouble.

Just a few numbers into his seven-song set, Urban couldn't help but spot an excited Mitchell Lavigne, 17, waving his arms and shouting, "Keith, I want to kiss a girl!" — a reference to Urban's song Kiss A Girl.

The shaggy-haired Aussie told the Justin Bieber-look-alike to come up on stage and invited him to perform a duet.

He even allowed Lavigne a high-pitched, cringe-inducing failed attempt at hitting the big notes, prompting gales of audience laughter.

Lavigne couldn't compete vocally, but he held his own on the humour front by informing the crowd that Urban had "very good-smelling breath" during their up-close-and-personal moment at the mike.

His problem was that Urban unintentionally outed him — Lavigne's mom had told him it was OK to go to the 6 p.m. concert if he didn't skip school.

But that's exactly what Lavigne did, arriving at the mall at 9 a.m. to make sure he got close to the makeshift stage at West Edmonton Mall.

He figured his mom might forgive him, though — she's as big a fan of Urban's as he is.

Lavigne wasn't alone in arriving early. Fans started lining up about 12 hours before Urban took the stage in an appearance to promote his new album, Get Closer.

Urban also made sure to branch out with his performance, mixing up new stuff with some old favourites and even covers of songs by Johnny Cash and the Steve Miller Band.

He also sat down to sign autographs for the first 200 fans who lined up for the show.

"Right from the very beginning, Canada has been immensely supportive of what I do and really gets the music," he said.

"I could tell that the first time we toured here."

Although Urban did joke that "there were four people here" for his last free concert at the mall in 2001 — before he became famous in North America.

More turned out this time, but it was still an intimate affair. The front row of fans stood within arm's reach of Urban, who played with no backing band, just a drum machine and acoustic guitar.

Urban plans to tour the album in 2011 with nine stops in Canada — Ottawa, Toronto, London, Ont., Winnipeg, Regina, Saskatoon, Edmonton, Calgary and Vancouver.

THE CANADIAN PRESS

Kids fly FREE!

Plus, hook every fourth night free.

Treat the family to this magical deal at the *Disneyland* Resort in California.
For every adult that flies, one child flies FREE.† Plus, receive your fourth night free when you book a three night vacation package that includes a 4-Day *Disneyland* Resort *Park Hopper* Bonus Ticket.**

WestJet Vacations package includes:
- Round-trip air to Los Angeles, California
- 4 nights for the price of 3 at *Disney's Paradise Pier* Hotel
- 4-Day *Disneyland* Resort *Park Hopper* Bonus Ticket

Book by December 31, 2010 for travel between January 4 to February 16, 2011.
Call us at **1 877 737 7001** or contact your travel agent.

Round trip from Vancouver:

Per adult from **$899*** CDN plus $188 taxes

Per child from **$168*** CDN plus $188 taxes

Disneyland Resort, California — Where dreams come true

WESTJET vacations

*Round trip from Vancouver. Advertised price is valid for travel on January 19, 26 & 31, 2011. Other departure dates available, prices may be higher. Prices are accurate at time of printing deadline. Taxes, fees and transfers not included. Advance booking required. New bookings only. Offer is limited and subject to availability. Non-refundable and non-transferable. Subject to change without notice. Other restrictions may apply. †KIDS FLY FREE is valid for bookings made by December 31, 2010 (11:59 MST) for travel until February 16, 2011. Blackout dates apply. Valid for travel to Los Angeles when a minimum 4 night vacation package is purchased. One child (ages 2-17) flies free per one paying adult (18+ years). Available on call centre bookings only. Taxes and fees for free airfare are payable by guest. See westjetvacations.com for full details. **4th night free offer is valid for bookings made by February 19, 2011 for travel from January 4 to April 11, 2011 with travel being completed by April 15, 2011. Upon the purchase of a 3 night package, with 4-Day *Disneyland* Resort *Park Hopper* Bonus Tickets at a participating hotel, a fourth free, consecutive night will be added to the hotel stay. New bookings only. Excludes taxes and fees. Offer is restricted, non-combinable and advance reservations required. As to Disney artwork, logos and properties: ©Disney.

Comfort & Joy

Find the Gifts they Really Need

Shoppers Home Health Care has gifts that wish you and your loved ones well this holiday season. Visit your nearest store for Canada's largest selection of health care and wellness products. This year, give someone you love a gift that can really make a difference.

ObusForme
Shiatsu Massage Backrest with Seat
Treat yourself to the ultimate heated shiatsu massage. Knead away deep aches and pains by combining the pleasure of a therapeutic massage with gentle physical manipulation.

$89.99
($119.99 regular)

GREAT buy one get one Free OFFER

Two for $62.99
($62.99 each regular price)

Mediflow
Fibre Plus Waterbase Pillow
Our #1 selling pillow! The patented therapeutic waterbase design allows you to customize the firmness of your pillow. Soft, hypoallergenic fibre filling.

Bed Buddy®
Warming Footies and Warming Mittens with Aromatherapy
Treat your hands and feet to instant soothing warmth. Each set includes a lightly fragranced pack with revitalizing eucalyptus, comforting clove or calming cinnamon.

$14.99

Tender Tootsies
Clinic Comfort Slippers
Ideal for those with arthritis or swollen feet, these comfortable and stylish slippers feature a wide opening for easy on & off. Available in three styles.

$39.99 **($49.99 regular)**

Locations across British Columbia

VANCOUVER
Kingsgate Mall
202-370 E. Broadway
604 876-4186

WHITE ROCK
Central Plaza
15182 North Bluff Rd.
604 538-3400

SURREY
Nordel Crossing
12080 Nordel Way
604 597-2097

VANCOUVER
Diamond Health Centre
2790 Oak St.
604 739-4645

LANGLEY
Langley Crossing
304 - 6339 200th St.
604 514-9987

VICTORIA
1561 Hillside Ave.
Opposite Hillside Mall
250 370-2984

Pick up your copy of our Holiday Gift Guide today for more great gift ideas

$20 off†

Coupon inside†

Call 1-800-SHOPPERs

for a store near you

†$20 off coupon valid when you spend $100 or more after redemptions and before taxes at participating Shoppers Home Health Care locations. Excludes vans, government funded items, customer paid portions of government funded items, rentals, service, parts, delivery and non-merchandise fees, custom ordered items and previously purchased merchandise. Check with your local store for holiday opening hours. See cashier for details. Limit one coupon per customer. Offer expires December 31, 2010.

SHOPPERS HomeHealthCare®

▶ In Disney's Epic Mickey, the world's most famous mouse must restore Wasteland, where neglected characters from the studio's early days live.

Mickey brings em' back to life

Oswald the Lucky Rabbit has the most ironic name in animation history.

His co-creator, Walt Disney, lost the rights to him in the 1920s, so he started a new character: Mickey Mouse.

Oswald stumbled through the '30s and faded into oblivion. Mickey became the world's most famous 'toon. You can't blame the rabbit for having some sibling envy.

In Disney's Epic Mickey (for Wii, $49.99), Oswald has become ruler of the Wasteland, home to neglected characters from the studio's early days.

When Mickey gets sucked into the Wasteland, he discovers he has inadvertently unleashed an inky monster called the Shadow Blot.

So it's up to the mouse to stop the Blot, restore the Wasteland and find his way back to his own magic kingdom.

His main weapon is a brush filled with two liquids: paint, which can be used to rebuild decrepit areas on the Wasteland, and thinner, which dissolves obstacles. Mickey can use either fluid to defeat the Blot's minions. Thinner melts them, while paint turns them friendly.

The highlight of Epic Mickey is the exploration.

In the Wasteland, lead designer Warren Spector and his Junction Point Studios have created an alternate-world Disneyland that adds an undercurrent of menace to The Happiest Place on Earth.

Main Street is now Mean Street. Tomorrowland is now the decaying Tomorrow City. The Matterhorn is now Mickeyjunk Mountain, a dumping ground for 80 years worth of discarded Mickey merchandise.

The portals between these worlds are a series of brief, two-dimensional games based on classic cartoons like Steamboat Willie and Jungle Rhythm.

But the bulk of Epic Mickey takes place in the 3-D Wasteland, where the hero helps out old friends like Horace Horsecollar and Clarabelle Cow and fights bad guys like Pete, the villainous cat from dozens of Disney shorts.

Spector was given extensive access to the Disney archives, and his geeky enthusiasm for the studio's history shows in every level.

However, Epic Mickey suffers from technical issues that prevent it from being one of the year's top games.

Camera placement is awful. Combat would be improved immeasurably with the ability to lock onto an enemy, something I thought would be standard in 3-D action games by now. And the controls are somewhat sluggish.

Such drawbacks are tolerable early on, when things are fairly easy, but by the time you reach the endgame, they're a major source of frustration.

Still, Disney deserves a great deal of credit for putting its franchise character in the hands of Spector, a designer best known for brooding mysteries.

Epic Mickey gets three stars out of four.

THE ASSOCIATED PRESS

What would Holmes do?

The Sherlockian (Twelve/Hachette Book Group, $24.99), by Graham Moore

In 1893, Arthur Conan Doyle writes what he believes will be his last Sherlock Holmes story, killing off the iconic, memorable and lovable character at Reichenbach Falls in Switzerland.

Several years later, Conan Doyle receives a crude and anonymously sent letter bomb.

It impels him to investigate a real mystery, with help from his friend Bram Stoker and his very own literary creation to guide him.

The details of his investigation are dutifully recorded in his journal, which later disappears.

In 2010, Harold White has just been inducted into the Baker Street Irregulars.

It is an elite literary club devoted to Holmesian pursuits. In the club, the world's leading Conan Doyle scholar claims to have found the missing journal.

But then the scholar is found dead, and there is no trace of the diary.

The game is newly afoot: What Would Sherlock Holmes Do?

The tales of Conan Doyle and White, told in alternating chapters, make The Sherlockian, an entertaining novel debut for Graham Moore.

Both mysteries are well crafted, with gratifying and amusing nods toward the conflation of Conan Doyle and his most famous literary creation.

Just as Conan Doyle chafes at being unable to escape from under Sherlock Holmes' shadow, Harold's irregular colleagues scoff at his practical application of Holmes' powers of deduction — even as they actually devise Holmesian plots of their own.

The parallel story format will not suit everyone.

The abrupt shifts between time periods and stories can be extremely jarring, even as they complement each other quite well.

Also, the Conan Doyle-centric chapters start off a bit stilted.

This is a novel clearly written with great affection, not just for Conan Doyle and Holmes, but their 21st-century fans as well. THE ASSOCIATED PRESS

"A COLONIAL CITY ON A BEACH?"
MÉXICO
THE PLACE YOU THOUGHT YOU KNEW
DISCOVER MORE AT www.visitmexico.com
MAZATLAN
Consejo de Promoción Turística de México, S.A. de C.V. All Rights Reserved © 2010

JEFF CHRISTENSEN/ASSOCIATED PRESS FILE

▶ Shannon says her Broadway role is perfect for her.

Molly Shannon feels at home on Broadway

Role uses talents honed at Saturday Night Live
Stars with Sean Hayes, Kristin Chenoweth

Molly Shannon wants to show off her toilet.

The comedian has a mischievous look as she stands in the cramped little lavatory just off her dressing room at The Broadway Theatre in Times Square.

Then the actress pushes another door and suddenly she's inside the auditorium in a private box high over the orchestra pit.

"Isn't it cool?" she asks.

Shannon has been putting her secret passageway to expert use: Her two children — daughter Stella, 7, and son Nolan, 5 — often visit the theatre and go through the toilet to get a perfect view of Shannon on stage.

Stella and Nolan are enjoying front-row seats as Shannon makes her Broadway debut in the musical Promises, Promises, opposite Sean Hayes and Kristin Chenoweth. Last month, Shannon replaced Katie Finneran, who won a Tony Award in the role of bar fly Marge MacDougal.

"Now, I'm not scared," Shannon says, sipping tea in her dressing room before a recent performance. "Initially, I was really like, 'God, just let me get through this!' Now I'm having a ball."

The role is particularly a good fit for the novice Shannon: She's on stage for only a few scenes, gets to dance on a bar while acting drunk, receives quick laughs and uses the physical comedy skills she honed for six years on Saturday Night Live.

"It feels like a jewel to me," she says of the role. "For me, this was the perfect way to dip my feet in."

THE ASSOCIATED PRESS

Off Broadway

Molly Shannon has had a varied career in comedy, besides SNL.

- **MOVIES** Superstar, Talladega Nights, How the Grinch Stole Christmas, Analyze This and the upcoming Bad Teacher.
- **TV** Guest spots on Glee, 30 Rock and Scrubs, as well as her own sitcoms, including Cracking Up and Kath and Kim.

Trumped in court

A Florida judge has rejected a lawsuit by Donald Trump that claims noise from a nearby airport is hurting his oceanfront Mar-a-Lago club in Palm Beach.

Trump's attorney told the South Florida Sun-Sentinel he plans to refile the case against Palm Beach County and the Palm Beach International Airport after the judge's decision Tuesday.

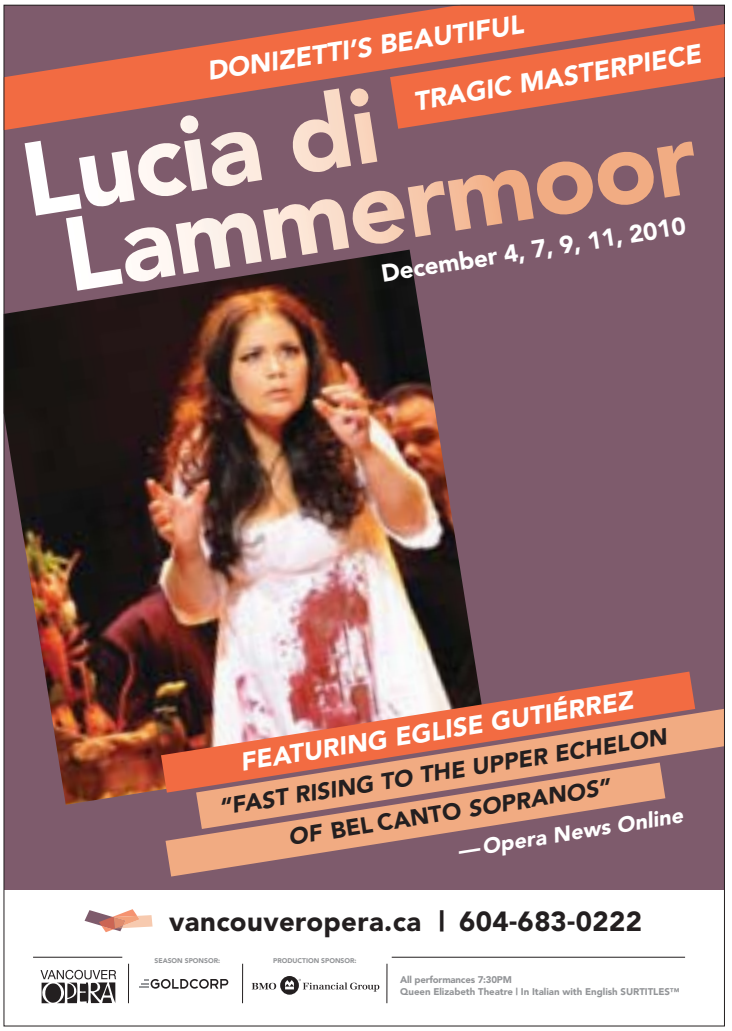
The lawsuit filed in July was the latest legal action by Trump in a decades-old disagreement over noise control at the airport, which is near his club. Mar-a-Lago is a 126-room private club in a historic mansion.

Trump's suit argued that noise, vibrations and emissions from passing aircraft were damaging the property value of his estate. The judge left an option for Trump's side to refile an amended lawsuit within 20 days.

THE ASSOCIATED PRESS

ASSOCIATED PRESS

▶ Donald Trump


DONIZETTI'S BEAUTIFUL
TRAGIC MASTERPIECE
Lucia di Lammermoor
December 4, 7, 9, 11, 2010
FEATURING EGLISE GUTIÉRREZ
"FAST RISING TO THE UPPER ECHELON OF BEL CANTO SOPRANOS"
—Opera News Online
vancouveropera.ca | 604-683-0222
VANCOUVER OPERA
SEASON SPONSOR: GOLDCORP
PRODUCTION SPONSOR: BMO Financial Group
All performances 7:30PM
Queen Elizabeth Theatre | In Italian with English SURTITLES™

JIMMY THE GREEK
FAST, FRESH, HEALTHY & DELICIOUS!
Please Visit Us:
Brentwood Town Centre and Lougheed Mall in Burnaby
and Lansdowne Centre in Richmond
Present this Ad at your local Jimmy The Greek location
to receive a FREE 355mL choice of Coca-Cola product
with purchase of a Chicken Souvlaki Dinner.
proudly serving since 1985
www.jimmythegreek.com

GETTY IMAGES

▶ Michael Jackson

Jacko's dad files lawsuit against pop star's doctor

Dr. Conrad Murray also facing charge for involuntarily manslaughter

Michael Jackson's father refiled a wrongful death lawsuit Tuesday against the doctor charged in his son's death, and added as a defendant a Las Vegas pharmacy that records show sold the physician a powerful anesthetic blamed for his death.

The lawsuit seeks unspecified damages against Dr. Conrad Murray, who has pleaded not guilty in the separate criminal case to involuntary manslaughter in the singer's June 2009 death.

Joe Jackson initially filed his case against Murray in federal court on the first anniversary of his son's death. A judge, however, refused to hear the case and said it should be handled in state court, where it was refiled Tuesday.

"This has been a long process and the facts of Michael's death have been way too slow in emerging," said Joe Jackson's attorney, Brian Oxman. "There is still much to discover and we're going to find it out."

The lawsuit also names Applied Pharmacy Services, which court records show sold Murray the anesthetic propofol during the month before the singer's death. The pharmacy is accused of selling Murray excessive quantities of the anesthetic, which is normally administered in hospital settings.

Authorities have said the sale was legal.

A receptionist at Applied Pharmacy Services declined comment and refused to give her name. Miranda Sevcik, a Murray spokeswoman, said the refiling of the case was expected. THE ASSOCIATED PRESS

Celebrity tweets

Katy Perry [@katyperry] making my brother set up the pink christmas tree = priceless.

Craig Ferguson [@Craigy Ferg] Would it be so wrong to add some words to the DrWho theme tune and turn it into a little dance number with puppets? Just for 1 night.

Jewel [@jeweljk] Taking up good old fashion journal writing again... Been doing all my writing on the computer for too long... Time to be romanced by my pen

Kanye West [@kanye west] :)

METRO

Uma's stalker facing more charges after call

A former psychiatric patient who was convicted in 2008 of stalking Uma Thurman tried to call her again, defying a court order to leave her alone after years of unwanted and weird advances, officials said Tuesday.

Jack Jordan was awaiting extradition to New York after he was arrested Nov. 23 in a Washington, D.C., suburb on charges of violating his restraining order by calling the actress's office, according to police and the Brooklyn district attorney's office, which is prosecuting the case.

George Vomvolakis, the lawyer who previously represented Jordan, did not return a call seeking comment.

Jordan, a former lifeguard and pool cleaner with an English degree from the University of Chicago and a history of mental problems, was sentenced in 2008 to three years' probation and told not to try to contact the Os-

GETTY IMAGES

▶ Uma Thurman

car-nominated Pulp Fiction actress for five years.

Montgomery County, Md., police spokeswoman Lucille Baur said when officers went to serve the arrest warrant in North Potomac, they were led to a room where Jordan was sitting in front of a computer with Thurman's name in a Google search box.

Baur said Jordan was arrested without incident and is awaiting a Dec. 21 extradition hearing. Calls to a number believed to be the family home where Jordan was staying rang unanswered Tuesday. Thurman's spokesman didn't immediately respond to a message seeking comment.

He'd been convicted of stalking and harassing the actress from 2005 to 2007.

Thurman told jurors at his trial that she was "completely freaked out" by his behaviour. He sent bizarre letter and cards — featuring such ominous images as a picture of a bride with her head torn off and such unsettling messages as "my hands should be on your body at all times"

Jordan testified that he'd developed a crush on Thurman in high school after seeing her in the 1988 movie The Adventures of Baron Munchausen. His feelings intensified after he saw her in the Quentin Tarantino-directed Kill Bill in 2003.

THE ASSOCIATED PRESS

GETTY IMAGES

▶ John Mayer

Mayer has his sights set on single Longoria

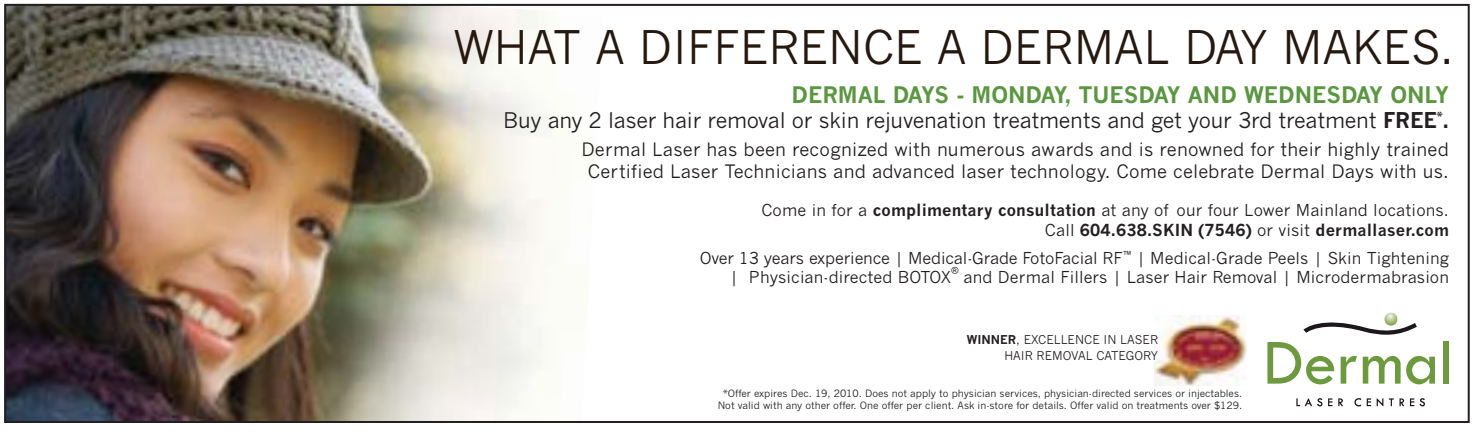
If Eva Longoria is looking for a rebound romance, John Mayer is reportedly ready to serve.

"John is crazy about Eva," a source tells Popeater. "There is something about newly divorced ladies that drives him nuts. He was the same way over Jessica (Simpson) when she left Nick (Lachey), and now he has his eye on Eva."

Too bad Longoria is reportedly looking for anything but romance.

"Mayer can send all the flowers in the world and even show up under her window with his guitar and it would make no difference," the source says. "Eva wants some alone time. She is still heartbroken about her marriage falling apart."

METRO


WHAT A DIFFERENCE A DERMAL DAY MAKES.
DERMAL DAYS - MONDAY, TUESDAY AND WEDNESDAY ONLY
Buy any 2 laser hair removal or skin rejuvenation treatments and get your 3rd treatment FREE*.
Dermal Laser has been recognized with numerous awards and is renowned for their highly trained Certified Laser Technicians and advanced laser technology. Come celebrate Dermal Days with us.
Come in for a complimentary consultation at any of our four Lower Mainland locations.
Call 604.638.SKIN (7546) or visit dermallaser.com
Over 13 years experience | Medical-Grade FotoFacial RF™ | Medical-Grade Peels | Skin Tightening | Physician-directed BOTOX® and Dermal Fillers | Laser Hair Removal | Microdermabrasion
WINNER, EXCELLENCE IN LASER HAIR REMOVAL CATEGORY
*Offer expires Dec. 19, 2010. Does not apply to physician services, physician-directed services or injectables. Not valid with any other offer. One offer per client. Ask in-store for details. Offer valid on treatments over $129.
Dermal LASER CENTRES

Take one great dress, and make it work through the entire season of holiday merrymaking — from the company cocktail gathering to your grandma's annual tree-trimming bash — by changing up your accessories.

KENYA HUNT
STYLE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

[illegible] gift cards, boozy co-workers and, of course, mistletoe.

What's not to love about the season of holiday festivities?

The hassle of finding something to wear, of course.

Save yourself the grief by buying one great piece, and re-working it throughout the month with accessories that set the tone of your look.

Topshop waterfall dress
$135, topshop.com

The swanky nightclub holiday bash:
Reiss peep toe pump
$290, reiss.com

The charity black-tie gala:
Beatrix Ong glitter pumps
$398, beatrixong.com

The girls' night out gift-exchange:
Lanvin for H&M clutch
$39, hm.com

Lanvin for H&M dress
$199, hm.com

The boyfriend's annual holiday house party:
Converse All Star Chuck Taylor hi-tops,
$43, converse.com

The outdoor tree lighting ceremony:
Lipsy faux fur jacket
$136, asos.com

The corporate cocktail soiree:
Club Monaco feather clutch
$148, shopbop.com

Issa beaded wool dress
$750, netaporter.com

The office Christmas party:
Acne patchwork boots
$900, acnestudios.com

Grandma's tree-trimming gathering:
Zara cable-knit sweater with belt
$32, zara.com

The blind date to see The Nutcracker:
J.Crew platform heels
$238, jcrew.com

3 life

Shirts

Looking for that perfect shirt? Guys who just can't seem to find a style that works for them can design their own shirt at shirtsmyway.com. The website allows you to select everything from collar and cuff style to the fit. You can also select the colour and the shirt is tailored to your specific measurements.
METRO

'Project Runway' designer Mondo Guerra raising AIDS awareness with new T-shirts

Helping your skin brave winter elements

THE KIT

You can prepare your skin for just about everything nature throws at it, with just a couple of tweaks to your regularly scheduled beauty programming.

NIGHTY NIGHT

"Keep night cream on the bedside table so you can leisurely massage it into skin, slide into sleep and wake up with a radiant complexion," says U.K.-based Olay celebrity facialist Anastasia Achilleos.

Among The Kit editors' many favourites is Bobbi Brown Hydrating Intense Night Cream. $65, bobbibrown.com

MASKER-AID

A fix for slack, dry, tired faces, Olay's Professional Pro-X Intensive Treatment Mask is infused with 35 ml of serum. One 10-minute mask equals brighter, firmer, dewier skin for your night out. The 30-day treatment, which includes five masks and a month's supply of Olay Professional Pro-X Skin Tightening Serum, sets you up for much longer. $60, olay.ca

WIND SHIELD

Ski trips, tobogganing, snowball fights — a layer of moisturizing balm coats sensitive skin to protect it from the sting of windburn. Naturally Upper Canada Body Butter Balm stick contains shea and cocoa seed butters, as well as coconut and olive fruit oils. $15, uppercanadasoap.com

THE KIT is a new digital beauty magazine offering great tips to help you look and feel your best. Subscribe for FREE at thekit.ca.

TODAY...
SAVE
IT UP!
$10 OFF
YOUR PURCHASE OF $40
OR $20 OFF YOUR $70 PURCHASE*
*Until December 24, 2010 get $10 off a $40 purchase or more (before taxes) OR $20 off a $70 purchase or more (before taxes). While quantities last. Some restrictions apply; see in store or online for details.

Beauty pick

Pink Friday

Nicki Minaj may be America's new first lady of hip hop, but her name is still relatively obscure in the rest of the world. That will most likely change now that MAC has released the limited edition lipstick, Pink Friday, which she designed. Its the more glam part of a rather large promotional campaign for Minaj's album of the same name, which hit stores last week. The cotton candy color is actually a brighter update on the now classic Pink Nouveau, a MAC shade that Nicki wore for years. Taking the theme to its maximum potential, the lipstick will be sold every Friday through Dec. 17.

KENYA HUNT

MAC

$15, maccosmetics.com

Holiday decor safety

Americans seems to have safety more top-of-mind than Canadians • Keep an eye out for counterfeit products

Before setting out to trim the tree and hang the lights for the holidays, ensure that you're playing it safe, experts recommend. A survey commissioned by CSA International finds that some Canadians don't always have the best habits when it comes to their seasonal lights and decorations.

The survey of more than 1,500 Canadians found one in 10 never check their lights for safety hazards before hanging them. One in four leave them up for months at a time, which could increase the possibility of residential fires.

The poll, which also surveyed more than 1,000 Americans, found that our southern neighbours appear to have safety more top-of-mind during the holidays.

The survey found 44 per cent of Americans said they check to see if holiday items are tested and certified by an accredited organization compared to 40 per cent of the Canadians surveyed.

Also, 34 per cent of Canadians said they rarely or never check to see if an item has been tested or certified, compared to 23 per cent of Americans.

CSA International is a provider of product testing and certification services for electrical, mechanical, plumbing, gas and many other products. Here are their safety tips for holiday lighting and decor:

Check and check again
Carefully inspect holiday light strings each year.

Out with the old
Discard light strings with frayed cords, cracked lamp holders or loose connections.

Size 'em up
Unplug light strings before replacing bulbs and check to ensure replacement bulbs match the voltage and wattage of the original. Make certain that bulb reflectors are the correct size for the light string.

Spot the mark
When purchasing light strings, extension cords and electrical decorations, look for a certification mark such as one from CSA International that provides assurance that the products are tested and certified to the applicable standards for safety and performance. Also, ensure that outdoor light strings, cords, spotlights and floodlights are certified by CSA International and marked for outdoor use.

THE CANADIAN PRESS

▶ A survey conducted by CSA International said 34 per cent of Canadians rarely or never check to see if an item has been tested or certified before buying it.

'Tis the season to sniff

KARL LOHNES
HOME@METRONEWS.CA

With Christmas just a few weeks away, its almost time to put up the tree.

Mine is a beautiful eight foot tall, pre-lit artificial tree that fools everyone who comes in. The branches are full, there are real pine cones wired on and the 800 sot white lights looks like stars in the sky. I think the biggest trickery of my tree is the scent; I love to have the sweet, refreshing smell of evergreens and freshly cut wood throughout the main floor of the house as guests arrive. Here are a variety of fabulous ways to fragrance your home that'll fool even the most experienced tree farmer:

Fresh wreath
There's nothing more inviting than a fresh wreath on the door. If kept fresh, the fragrance will welcome your guests for week.

▶ Crabtree and Evelyn Fragranced Botanicals

TIP: Use wreaths in more places than outside; displayed inside on windows or over mirrors is a great way bring the lush scent inside.

Best candle
With a designer mix of pine and patchouli, Diptyque's PIN candle ($85) will fragrance an entire room with the sexy smell of the Christmas tree Even the packaging evokes luxury. .

TIP: When you burn near the bottom of the jar, use a non-scented votive candle. The heat will warm up the remaining wax and spread the scent into the air. holtrenfrew.com.

Best pot pourri
The Windsor Forest Fragranced Botanicals from Crabtree and Evelyn ($45) are as beautiful to look at as they are to smell. Birch logs, pine cones, twigs, dried berries help bring the forest to your home.

TIP: Place 2-3 birch logs in a large elegant punchbowl and sprinkle the fragranced botanicals on top for a larger than life centerpiece on the dining or coffee table.
crabtree-evelyn.ca

Best room spray
Imagine if you could gather up all the used Christmas trees and extract their natural scents of spruce, pine and woodsy oils then you would have Mythical Matters' Smells Like The Christmas Tree room spray ($15). An all natural room refresher with no harmful additives or chemicals.

TIP: Keep this one near the front door and spritz just before guests enter; they will be amazed.
mythicalmatters.com

THE BEST THING TO HAPPEN TO THE IPHONE SINCE OUR LAST APP!
App Store
metro play

FREE HOME HEATING EVALUATION
Hot Water Heaters Fittings
Thermostats Patio Heaters
Furnaces Dryers HVAC
Gas Range Air Conditioners
Heat Pumps Regulators
BBQs Broilers
Franchises Available
gasfitter.ca
Call us at 1-888-WE-GAS-4U (934-2748)

THE SHP FIREPLACE WAREHOUSE
SALE $2449
Regular $3336 (Installed)
INTRODUCTORY SALE!
2 WEEKS ONLY! ENDS DEC. 19!
New Savannah Tasman Grand & Tasman Champion Inserts!
Featuring electronic ignition, 7 day programmable remote,
7 stage flame adjustment and 6 speed fan control.
#105 - 11091 Bridgeport Road, Richmond
604-231-8923 • www.thefireplacewarehouse.ca
Monday to Friday 9 a.m. - 5 p.m., Saturday 10 a.m. - 4 p.m.
DISTRIBUTORS OF:
Savannah Heating Products Ltd. Monessen MAJESTIC REGENCY

Sustainable street food

Wolfe and Fielding's food cart puts Vancouver on the sandwich map

LUNCH RUSH

ERIN IRELAND
FOOD@METRONEWS.CA

Philly owns the cheese steak and NYC's got the hot dog.

If Vancouver were to nominate a breed of sandwich emblematic of our supernatural part of the world, Fresh Local Wild chefs Josh Wolfe (formerly at top seafood restaurant Coast) and Andy Fielding (a San Francisco street food veteran) have a promising contender: the Hot Smoked Northern Coho Sandwich ($10).

Cured in the morning and smoked in-cart, the unbelievably moist, slightly sweet filet sits in a toasted whole wheat Portuguese bun coated with mild spicy mayo.

Finished with a tong full of cool, homemade maple mustard coleslaw, I challenge all non-fish-lovers to give this responsibly harvested, Ocean Wise creation a shot — you'll likely convert.

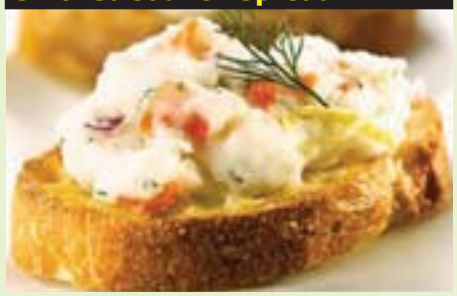
Served with the emblematic sandwich are hand-cut fries. Also on sale at the fire-engine-red cart, whose owners you'll likely hear before you see (they're an enthusiastic bunch who are no doubt buoyed by their sea of fond patrons), are local goods (like chanterelle mushrooms) gathered in B.C.'s wild by Josh and Andy themselves.

- **Fresh Local Wild**
- **Granville & Robson**
- **freshlocalwild.com**
- **Hours: Tues to Sun 11:30 a.m. - 5 p.m.**
- **Rating: *****

ERIN IRELAND

▶ Hot Smoked Northern Coho Sandwich

Smoked Salmon Spread



Ingredients:

- Half of a 750-g bag frozen potato chunks (about 750 ml/3 cups)
- 2 cloves garlic, minced
- 250 ml (1 cup) vegetable or chicken broth
- 125 ml (1/2 cup) sour cream
- 50 ml (1/4 cup) finely chopped smoked salmon
- 30 ml (2 tbsp) finely chopped red onion
- 15 ml (1 tbsp) chopped fresh dill
- 2 ml (1/2 tsp) grated lemon rind
- Flatbread or lightly toasted bread rounds

Smoked Salmon Spread Preparation:

This appetizer is a twist on the classic Potato Skordalia. The rich flavours of smoked salmon and dill complement the creamy potato base.

1. In a large saucepan, bring frozen potatoes, garlic and stock to a simmer. Cover and cook on medium-low heat for about 10 minutes or until liquid is absorbed. Let stand for 5 minutes.
2. Mash potatoes evenly and stir in sour cream, smoked salmon, onion, dill and lemon rind until smooth. Spread on flatbread or rounds.

THE CANADIAN PRESS

Medley's Restaurant & Lobby Lounge

Holiday Inn
Market Fresh Lunch Buffet
Monday - Friday
11:30 am to 2 pm
Only $10.95!

1110 Howe Street, Vancouver • 604-684-2151
www.hivancouverdowntown.com

FLIGHT CENTRE® Unbeatable

Airfares

Los Cabos
from $45
+ taxes & fees $290

Calgary	one-way from $89 + taxes & fees $56
Mazatlán	from $105 + taxes & fees $290
Puerto Vallarta	from $135 + taxes & fees $290
Huatulco	from $165 + taxes & fees $290
Cancun	from $199 + taxes & fees $274
Jamaica	from $199 + taxes & fees $270
London	from $199 + taxes & fees $506
Las Vegas	from $216 + taxes & fees $111
Manzanillo	from $299 + taxes & fees $273
Punta Cana	from $299 + taxes & fees $322
Orlando	from $349 + taxes & fees $119
Honolulu	from $378 + taxes & fees $110
Panama	from $489 + taxes & fees $236
Costa Rica	from $599 + taxes & fees $24

All-inclusive Vacations

Mazatlán 7 Nights 5-Star
from $485
+ taxes & fees $290

Los Cabos 7 Nights 5-Star	from $505 + taxes & fees $290
Puerto Vallarta 7 Nights 5-Star	from $525 + taxes & fees $290
Mayan Riviera 7 Nights 4-Star	from $625 + taxes & fees $290

UPGRADE to 5-star accom from $15 per night.

Punta Cana 7 Nights 4.5-Star	from $677 + taxes & fees $322
Huatulco 7 Nights 4.5-Star	from $695 + taxes & fees $290

Christmas All-inclusives

Puerto Vallarta 7 Nights 4-Star	from $918 + taxes & fees $274
Los Cabos 7 Nights 4.5-Star	from $1155 + taxes & fees $290
Jamaica 7 Nights 4-Star	from $1297 + taxes & fees $270
Mayan Riviera 7 Nights 5-Star	from $1375 + taxes & fees $290

Vacations

Las Vegas
Air from Bellingham + 3 Nights
from $159
+ taxes & fees $37

INCLUDES accom on the Strip.
UPGRADE to 4.5-star accom from $19 per night.

San Francisco Valentine's Weekend Air + 3 Nights	from $359 + taxes & fees $96

INCLUDES accom in the heart of the theatre district.

Quebec City Winter Carnival Special Air + 3 Nights	from $599 + taxes & fees $172

INCLUDES 4-star accom for the 57th Winter Carnival.

New York Air + 3 Nights	from $749 + taxes & fees $132

INCLUDES midtown Manhattan accom.

Family Vacations

Orlando Family Special Air + 7 Nights	from $399◊ + taxes & fees $119

INCLUDES accom close to theme parks. Price per person based on family of 4.

Varadero Family Special, Air + 7 Nights 4.5-Star All-inclusive	from $887◊ + taxes & fees $206

INCLUDES 4.5-star junior suite all-inclusive accom. Price per person based on family of 4.

WestJet Vacations

Kids Fly & Stay FREEΔ
when booking your WestJet Vacations package to Anaheim with Flight Centre.

Anaheim Air + 4 Nights 3-Star	from $445 + taxes & fees $138
Anaheim Air + 4 Nights 4-Star	from $536 + taxes & fees $158
Anaheim Air + 4 Nights Disney's Paradise Pier Hotel	from $796 + taxes & fees $199

WESTJET vacations

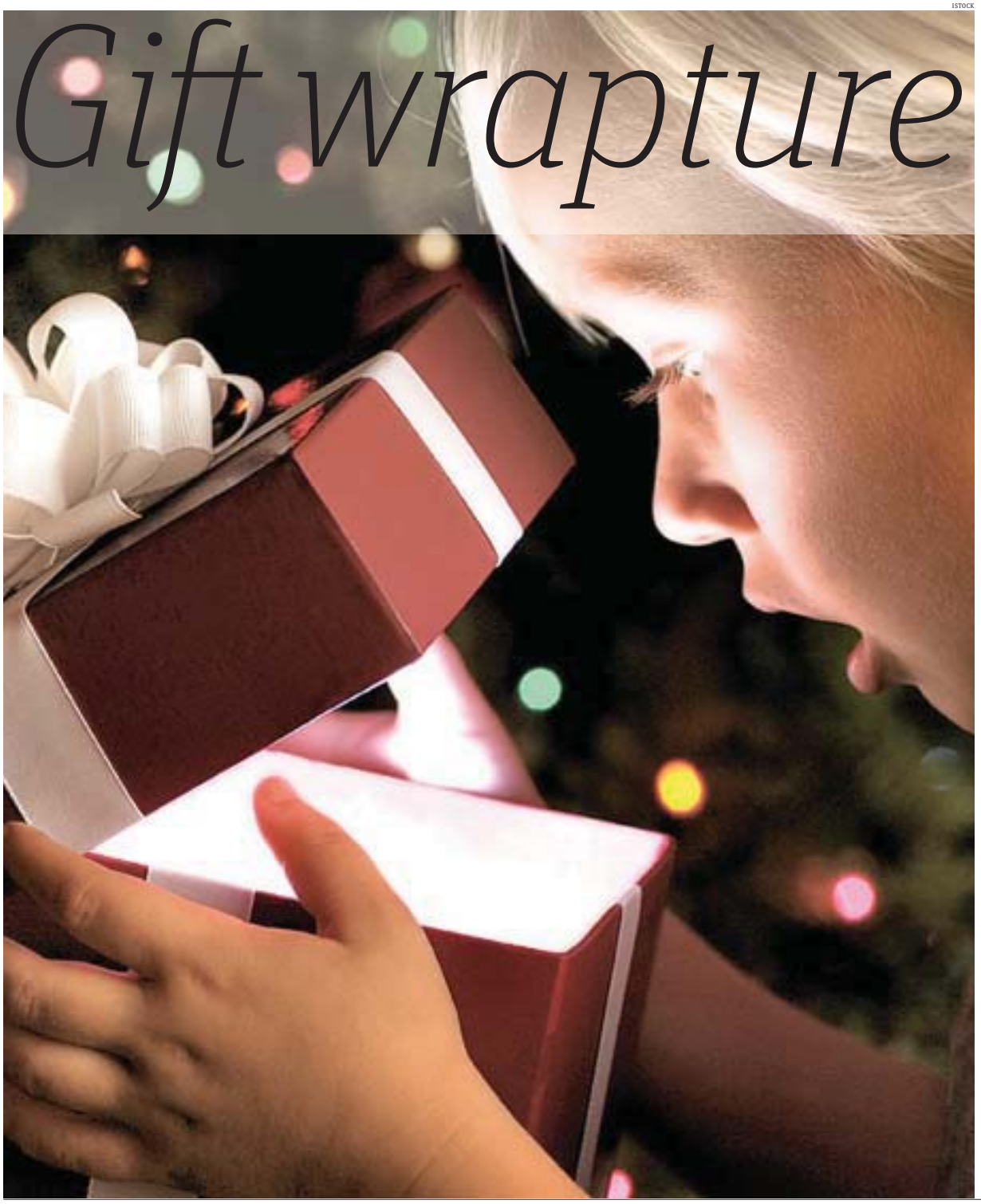
LOWEST AIRFARE GUARANTEE
We will beat any airfare quote or you fly free!

1 866 502 4576 | TEXT Join our Insider Club for hot deals. Text YVR to 131 600 | flightcentre.ca | Visit us in store.

Conditions apply. Ex: Vancouver. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive packages include air. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. ◊Price per person for quad occupancy (2 adults & 2 children ages 2-17). ΔConditions apply. Valid for children aged 2-17 years old. Taxes & fees are extra and must be paid for at the time of booking. For every one paying adult that travels, one child will fly free. Must include minimum 4 nights accommodation in Los Angeles area. Offer valid for bookings made by December 31, 2010 for travel before February 16, 2011. Blackout Period: Dec 27, 2010 – Jan 4, 2011. Available for packages originating in Vancouver, Calgary and Edmonton. Offer subject to availability. † We will beat any written quoted airfare by $1 and give you a $20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree. BC REG: #HO2790

Gift wrapture

ISTOCK



Lovely gifts for lovely homes

For you and yours, ideas to make your home cosy and fashionable
{page 34}

Teen spirit

These gifts are sure to please teens, and also mom and dad
{page 33}

24 days until Dec. 25

Catch our next gift guide on Dec. 9

THE REAL GIFT IS OUR ADVICE.

May we suggest:

TOM LEE Music

TomLeeMusic.ca 1.888.8TOMLEE

$199

Squier Strat Guitar Starter Pack

Make it simple.

$179

Yamaha F310P Acoustic Guitar starter pack

$138

Yamaha Portable keyboard starter pack

Start here: Holiday Gift Guide.

Online or In-Store

Season offers hefty box sets on Lennon, Dylan, Presley, Jimi Hendrix and more

John Lennon, Signature Box (Capitol)

As a member of The Beatles, John Lennon was among the most important songwriters in pop history. He helped unleash the form from the mundane and showed that ceaseless experimentation could lead you to learn more about the world, not just teen love and the other tropes of rock 'n' roll.

As a solo artist, Lennon went in the opposite direction, yet the destination was no less important or profound.

Signature Box, a loving repackaging of all of Lennon's post-Beatles music with heavy input from widow Yoko Ono, celebrates what would have been the singer's 70th birthday.

Included are the seven albums released during his lifetime, as well as Milk And Honey, which came four years after his 1980 murder, two bonus discs of non-album singles and previously unreleased studio outtakes and home recordings. It also contains a book that includes artwork, rare photos, access to online content and an essay by Anthony DeCurtis.

Elvis Presley, The Complete Elvis Presley Masters (Sony Legacy)

The Complete Elvis Presley Masters is like a peanut butter and banana sandwich topped with an ice cream sundae and candy bars, then dipped in batter and deep-fried like something you'd find at the fair.

Everything is here, from his first sessions at Sun Records in 1954 to the final recordings he made in 1977.

There are 711 original master recordings and 103 rarities spread over 30 discs and a 240-page book that is the real jewel here, with an annotated discography by Ernst Mikael Jorgensen and Peter Guralnick.

The Complete Elvis Presley Masters is only available online at completeelvis.com.

A slightly less dear version will be available in the new year.

Jimi Hendrix, West Coast Seattle Boy: The Jimi Hendrix Anthology (Sony/Legacy Recordings)

It's easy to think highly of Jimi Hendrix's signature songs. They soar with experimental sound and left a lasting mark on rock 'n' roll. What more could you ask for from Mr. Experience himself?

Well, West Coast Seattle Boy: The Jimi Hendrix Anthology is a five-disc (four CD/one DVD) set that gives you a little bit more background and context for the path that Hendrix drew for himself. It treats the listener to the backup work that Hendrix did to make ends meet and build up his credentials as the type session guitarist that could take your music a bit further.

The collection is brimming with previously unreleased recordings and alternate versions of songs from his solo career discography. The documentary DVD is fine and full of rare footage and interviews, but the music discs outshine it.

Bob Dylan, The Original Mono Recordings (Sony Legacy)

Let's just take a minute to think about how many different times Bob Dylan's first eight studio albums have been released.

Of course, there were the original mono and stereo versions from Bob Dylan in 1962 to John Wesley Harding in 1968.

Then there were the original compact disc releases, all in stereo. Six years ago we got six of the first eight albums in the experimental SACD format and then there were various vinyl reissues, both in mono and stereo, over the decades.

Now, everything old is new again with the release of all eight in original mono for the first time on compact disc in Bob Dylan: The Original Mono Recordings.

There's absolutely no point in discussing the quality of the music itself. The fact that it's some of the most influential, important, popular rock music of all time is well established.

Dylan completists will absolutely want to pick up the set; not just because it hasn't been previously available, but also because it does present the music as it was originally recorded and meant to be heard.

Michael Jackson, Vision (Epic/Legacy)

Michael Jackson defined the video era of music, and it seems like we know each one of his epic videos by heart.

Vision is an attempt to paint the fullest picture of Jackson's genius in the visual realm, with more than 40 clips, including rarely seen videos from the Jacksons, spread out over three discs (a bonus booklet is included).

Michael Jackson so defined the video era of music that it seems like we know each one of his epic videos by heart.

Vision is an attempt to paint the fullest picture of Jackson's genius in the visual realm, with more than 40 clips, including rarely seen videos from the Jacksons, spread out over three discs (a bonus booklet is included).

But as amazing as Thriller, Beat It and Smooth Criminal were, they only represent a portion of his vast, and mostly amazing, video portfolio.

Die-hard fans will complain, surely: The full Smooth Criminal is not a part of this, Ghosts is only represented by a clip and not the longer film it was taken from, and there's no Captain EO, the short 3D film he made for Disney.

But even Jackson fans will have reason to rejoice. The Way You Make Me Feel includes the original beginning, filled with dialog that puts the rest of Jackson's playful yet semi-harrassing approach to his leading lady in context. Black Or White is restored to its controversial entirety, complete with the perplexing sex-and-violence tinged mayhem at the end.

Slayer, The Vinyl Conflict (American Recordings/Sony Legacy)

The debate rages on: Vinyl or CD? Slayer makes a case for the former with a remastered vinyl set of all 10 of their releases on American Recordings from 1986 to 2009 – the perfectly titled The Vinyl Conflict.

The individual LPs come in a thick and sturdy slipcase, and this set is all about the music – and what a sound it offers.

Pressed onto 180g Audiophile vinyl, most listeners may not notice a difference, but for those who love Dave Lombardo's drumming, this set is for you.

THE ASSOCIATED PRESS

Giants Holiday Gift Pack

5 GAMES FOR JUST $80!*

The Giants Holiday Gift Pack includes:

MON. DEC. 27 7:00PM
FRI. JAN. 14 7:30PM
FRI. JAN. 28 7:30PM
FRI. FEB. 25 7:30PM
SUN. MAR. 20 5:00PM

*HST Included

A GIANT DECADE
VANCOUVER GIANTS 10th ANNIVERSARY

It's the PERFECT gift for the hockey fan on your shopping list! You get 5 of the hottest games on the Giants' schedule, including big division rivals and exciting promotional nights. You'll be the first star of the holiday season!

It's the EASIEST gift you can buy! Order yours by phone today!

604.444.2687
VancouverGiants.com

EASIER TO WRAP THAN A GOLF CLUB.

Scratch & WiN

bclc

Know your limit, play within it.

19+ YEARS

Smart holiday decorating

ISTOCK

▶ Wrap Christmas lights properly, or don't do it at all, says HGTV host Scott McGillivray.

Consistency and theme most important to make your decorations look the best

RAF BRUSILOW
VANCOUVER@METRONEWS.CA

HGTV host Scott McGillivray has seen the best and worst of holiday decorating and now he wants to make sure your own Christmas decorations go off without a hitch.

The host of Income Property and new series Holiday Battle on the Block offers his Top 5 tips for decorating safely and with flair this holiday season.

Start early when the weather is still mild

By the time many people start putting up their decorations in mid-December the biting cold, falling snow and shorter days make outdoor work a lot harder than it needs to be. Ropes get stiff in the cold and snow or ice on your roof can make decorating challenging and potentially dangerous.

"Put up your decorations when you have some nice weather. November is a great time to do it because it will be much easier than if you wait too long," McGillivray said.

Use a timer

Wiring all your lights and electrical doodads into a timer is a great idea for two reasons: It'll make it easier to turn your whole display on and off and you'll be able to set it to turn on and off automatically. McGillivray recommends a 5:30 p.m. setting for going on and midnight for going off.

"Get everything wired into a timer. Have a plan so all your lights are tied into a single timer so they can turn on and off at present times," he said.

Watch it

Holiday Battle on the Block follows several families competing to decorate their homes with the best Christmas decorations on their street. The show, hosted by Income Property host Scott McGillivray, debuted on November 27 on HGTV and runs for four weeks. Check local listings for showtime.

Prepare for heights

Falls are some of the most common — and most dangerous — accidents that can happen when decorating outdoors. Make sure your ladder is safe, have a spotter and buy or rent a harness if you're going to go on your roof.

"People aren't typically used to being way up on a ladder or up on their roofs. You have to be harnessed, the pitch on most roofs is not safe to go on without a harness. Also remember everything you put on your roof needs to be secure," McGillivray said.

Be tasteful

To avoid having your decorations look cluttered and messy, guide your design with a specific theme (a specific carol or a Christmas-related book or movie).

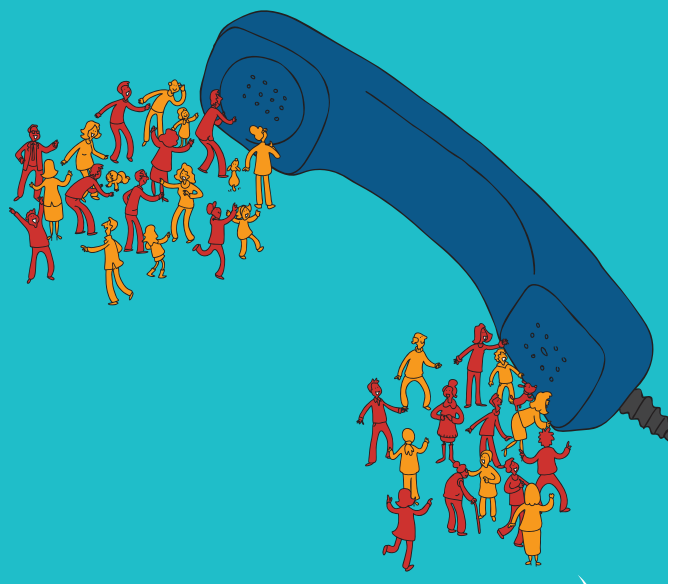
"Pick a theme and stick with it. If there's no theme and intent to what you're doing, it's just junk on your lawn. The neighbours will appreciate it if you're tasteful," McGillivray said.

Don't be sloppy

"One of my pet peeves is seeing Christmas lights wrapped haphazardly around a porch. Do it properly or don't do it at all. Make sure your lights are spaced evenly and not drooping down everywhere. Consistency is key with decorations," McGillivray said.

Rediscover the art of conversation.

Sign up today and you'll be joining over a million others who trust Shaw with their home phone service. Shaw Home Phone Basic includes Voicemail, Call Waiting and Call Display. You also get great long-distance rates, free Shaw to Shaw Calling, and no administration fees or cancellation fees. And you can even keep your current phone number. Call 310.SHAW today.



$19.95* PER MONTH
HOME PHONE BASIC
FOR THE FIRST SIX MONTHS

Together is Amazing.

SHAW

*Terms and conditions apply. Offer subject to change without notice. Visit shaw.ca for details.

POTTERY BARN
Give a Little
STYLE
2600 GRANVILLE STREET @ WEST 10TH AVENUE | VANCOUVER | 604-678-9897
© 2010 WILLIAMS-SONOMA, INC.

This computes for techies

1 APPLE $1,049

Apple's new laptop, the MacBook Air, is lighter (2.3 pounds) and smaller (11 inches) than ever. Its solid state flash storage is up to twice as fast as hard drive storage and cuts down on crashes. **Apple, Future Shop, Best Buy.**

2 DELL PRICE VARIES PER PACKAGE

The Dell Streak mixes the tablet and the smartphone with its handheld entertainment, social connection and navigation device operating on the multitasking Google Android OS. **Rogers.**

3 SONY $1,549.99

Sony's VAIO J Series all-in-one desktop PC lets users point and tap on a 21.5-inch high-definition monitor. Can operate with mouse and keyboard. **Sonystyle.ca.**

4 TOSHIBA $1,899

Toshiba's Satellite A660-0T4 aims at gamers with a 15.6-inch HD LED widescreen display equipped with NVIDIA 3D Vision technology. **Toshiba.ca, Best Buy.**

5 HP $599.99

The fashionista's favourite HP Mini 210 Vivienne Tam Edition Netbook comes with an Intel Atom processor, 2GB system memory and 250GB hard drive. **Best Buy.**

6 PANASONIC $3,491.99

The durable and reliable Panasonic Toughbook weighs three pounds and offers 11 hours of battery life. It's ideal for laptop users regularly on the move. **Panasonic.ca, Best Buy.**

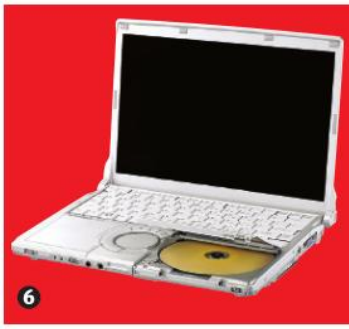
1

2

3

4

5


6

CELEBRATE THE HOLIDAYS AT RIVER ROCK

- New Year's Eve with Huey Lewis & the News BUY TICKETS at ticketmaster.ca
- Festive Buffet
- Reserve Tramonto at OpenTable.com
- $50 Gift Card for ONLY $45

Reserve Today!
Visit our FESTIVE INFO DESK
Located near the Concierge
November 19 - December 31
SUN-THU 11am to 6pm
FRI & SAT 11am - 9pm

8811 River Road
Richmond
604.273.1895
riverrock.com
RiverRock CASINO RESORT

Long & McQuade MUSICAL INSTRUMENTS
long-mcquade.com
Best Price. Best Selection.
Holiday Shopping Made Easy.
Experience Canada's #1 Music Store
368 TERMINAL AVE
604.734.4886
OTHER LOWER MAINLAND LOCATIONS:
LANGLEY · POCO · SURREY · NORTH VAN · RICHMOND
SHOP ONLINE!
www.long-mcquade.com
1000's of items
in-store support
lowest price guarantee

Pacific First Aid Ltd.
effective.professional.comfortable
We offer more than just first aid training. We are also a proud Training Partner of TrainCan Inc for Food Safety Programs (FoodSafe Equivalent). We offer courses in the following:
BASIC FOOD SAFETY TRAINING
Food Handlers - Cook, Prep, Server or Cleaner
ADVANCED FOOD SAFETY TRAINING
Managers, Supervisors and Owner Operators
For prices, course dates & more info, please contact us.
1170 Glen Drive • 604.638.1228 • pacificfirstaid.ca

bed
locally made bedding
moving sale
making your bed since 1999
2151 west 4th ave., vancouver, bc
1.877 / 604.736.3482
www.bed-online.com

Teen dreams for both

Gifts for the special youth in your life by Janine Falcon

1

Kiehl's Cross-Terrain Collection, $15-$32
Something from this line of body wash, SPF 50 body moisturizer, anti-perspirant and foot cream should get him through a high-school day. **Kiehl's boutiques**

2

Benefit Glowa Make-up Kit, $40
A makeup lesson in a box, this is everything she needs for radiant, natural-looking beauty, plus easy-follow instructions. **Shoppers Drug Mart, Sephora, Murale, Holt Renfrew**

3

Joe Fresh Mini Fresh Glass Set, $10 (top)
This sweet set of wee, sheer, minty gloss shades, available in Warm, Everyday and Cool, is a guaranteed hit with pretty much any female. **joefresh.ca**

4

Bread & Butter Skincare Winter Shaving Kit, $35 (bottom)
Get him started with a good skincare regimen. Canadian brand Bread & Butter is all about good-for-skin ingredients without unnecessary chemicals. **breadandbutterskincare.com**

5

Quo Men's Manicure Kit, $20
Chances are he'll never buy one himself, but a manicure set that includes toe and fingernail clippers, nail file, tweezers and scissors will be his go-to for the finer points of grooming. **Shoppers Drug Mart**

6

The Body Shop Sparkler, $18
This softly scented face-and-body sparkle-powder atomizer gives skin a bewitching sheen more fairy dust than disco glitter. Spray onto a powder puff then press. **The Body Shop**

Lindt
MAÎTRE CHOCOLATIER SUISSE
DEPUIS 1845

Shopping for the perfect gift?

Visit a Lindt Outlet Boutique for a wide selection of exquisite Lindt chocolates and gifts at delectable deals.

Present this coupon at one of our Lindt Outlet Boutique locations to receive 25% off all regular price merchandise OR an additional 10% off discounted merchandise.*
(before tax)

Vancouver Pacific Centre
701 Granville Street
(Inside Sears, Main Level)

New Westminster
805 Boyd Street, Unit N100
(Near Tim Horton's)

For all store locations and holiday hours, please visit www.lindt.com

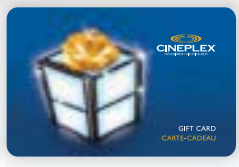
Offer valid on in-stock merchandise only. Cannot be combined with any other offer. Offer valid at all Lindt Outlet Boutique locations. Limit one coupon per customer. Offer expires December 25th, 2010. *Maximum discount value of 70%.

MV

Total purchase: $ _____

Glowing Reviews

"I was gripped right from the opening… surprise after surprise…there was so much to love."
–Your Girlfriend



The Cineplex Holiday Gift Pack
A guaranteed smash hit!

Buy a $30 Cineplex Entertainment Gift Card and receive up to $70 in extras*!

Toys"R"Us Babies"R"Us Chapters Indigo Coles Roots CINEPLEX

Get yours NOW at any Cineplex Entertainment theatre or visit Cineplex.com

*For full details or to purchase your Cineplex Holiday Gift Pack visit any Cineplex Entertainment theatre or go to Cineplex.com. Limited time offer, while supplies last. Restrictions may apply.

® Cineplex Entertainment LP or used under license

THIS HOLIDAY SEASON
Give & Receive the Gift of Travel
Give a Travel Certificate and you receive one!
Call for complete details.
B.C. REG NO.2622
Hagen's
1.888.8HAGENS • hagenstravel.com

Home is where the gifts are

These items are sure to please for the holidays

Savour a cup of coffee in these classic gold ceramic coffee cups. The **Bicchierini Gold Espresso collection, $39.99,** includes a six piece cup set with a translucent sleeve. Exclusive to Sears.

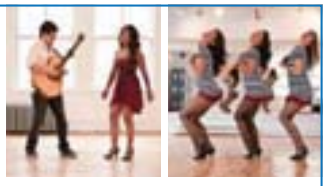
The FlavourWave Turbo Oven, $139.99, cooks meats from fresh or frozen up to three times faster than traditional methods using halogen heat and convection cooking. Available at Canadian Tire.

Keurig Single Serve Coffee Maker, $119.99
This single serve brewer allows you to make fresh coffee, tea or hot chocolate and offers a wide variety of brands and flavours. Select your preferred cup size from eight and 10 ounces. Available at Future Shop.

Trudeau Twin Spoons,$14.99 Serve your appetizers in style with the Novella Appetizer Spoons by Trudeau. This set of six spoons is ideal for individual appetizers and bouchees. Made of fine white ceramic, spoons are long lasting and dishwasher safe. The versatile, contemporary look is perfect for most occasions. Available at trudeau.ca.

Made in Portugal, the **Whole Home Portuguese Flannel Sheet Set, $159.99 (Queen)** is made for winter warmth. Comes in flat sheets, fitted sheets and standard size pillow cases. Sizes double to king. Exclusive to Sears.

A 604 RECORDS CHRISTMAS
FEATURING TRACKS FROM
JOSH RAMSAY (MARIANAS TRENCH), FABER DRIVE, DANIEL WESLEY, CARLY RAE JEPSEN, JAKALOPE, SUZIE MCNEIL & MORE!
AVAILABLE IN STORES & ONLINE NOW

BLUE EGG

TRIPLE THREAT TRAINING
SING - DANCE - ACT
Winter Training Programs
Register Today & Save
Sing/Voice • Acting On-Camera • Hip Hop • Ballet
Contemporary • Jazz • Conditioning
207 West Hastings Street
604.569.0326
BlueEggEntertainment.com

PREMIUM PRE-OWNED
Lotusland
ELECTRONICS AND MUSIC
buy + sell

2660 alma street, vancouver + 604.733.0771

Vivio FLOWER GALLERY
Order a gift of monthly flower deliveries to your door and receive the first one on us!
Ask for details.
Vancouver 604 669 7271 Port Moody 604 931 3112
www.vivioflowers.ca

BOGS®
Boots for here
in Women's and Men's

ECOMARINE
Granville Island
604-689-7575
sales@ecomarine.com

Give to a friend at no extra cost.
metro
News worth sharing.

MAKE EYES BRIGHT

1 ALPHIE ROBOT $49.99

This loveable, educational friend is better than ever with lots to say, lots to play and lots to learn! **Available at major toy retailers**

2 PULL ALONG SHIP $34.99

Little swashbucklers will love having a pirate ship of their very own by claiming the Pull Along Musical Pirate Ship as their flagship vessel. **Available at major toy retailers**

3 THOMAS & FRIENDS $54.99

Based on the movie Thomas & Friends: Misty Island Rescue, Thomas and James must travel through the mysterious mountains of Misty Island. **Available at major toy retailers**

4 DOLL GIFT SET $139.99

This seven-doll gift set includes a some Disney princess favourites including Princess Tiana from the Princess and the Frog. **Available at major toy retailers**

5 MILLENNIUM FALCON $59.99

The Millennium Falcon is available as an indoor flying remote control vehicle. **Available at major toy retailers**

6 GLOWCRAZY DOODLER $29.99

With the GlowCrazy Distance Doodler, kids can create a stencil scene or target practice with light. **Available at major toy retailers**

The world's most luxurious socks... because he deserves it.

Cashmere & Silk blends now available!

MARCOLIANI

Turquoise Spice Tomato

NEW ARRIVALS JUST IN

Minichiello's & Paul's of North Shore
127 W. Esplanade, North Van 604 985 9222

YOU COULD **WIN A COPY OF THE TWILIGHT SAGA: ECLIPSE ON BLU-RAY!**

Buy it on DVD & Blu-Ray Saturday, December 4

VISIT clubmetro.com TO ENTER

To register and for full contest details visit clubmetro.com

$20 FREE GAS

plus $10 off membership

For a limited time, buy a BCAA Membership now and choose from a $20 Husky and Mohawk™ gas certificate or a 2011 Entertainment® Book.

For details, call 310-2345, visit bcaa.com/gift or stop by your nearest BCAA office.

Offer expires December 31, 2010 and is valid on all new driving memberships for both Primary and Associate memberships. Not available on Join-on-Arrival memberships. All names, trademarks and copyrights of or in use by ENTERTAINMENT® shall remain the sole exclusive property of ENTERTAINMENT®. While supplies last.

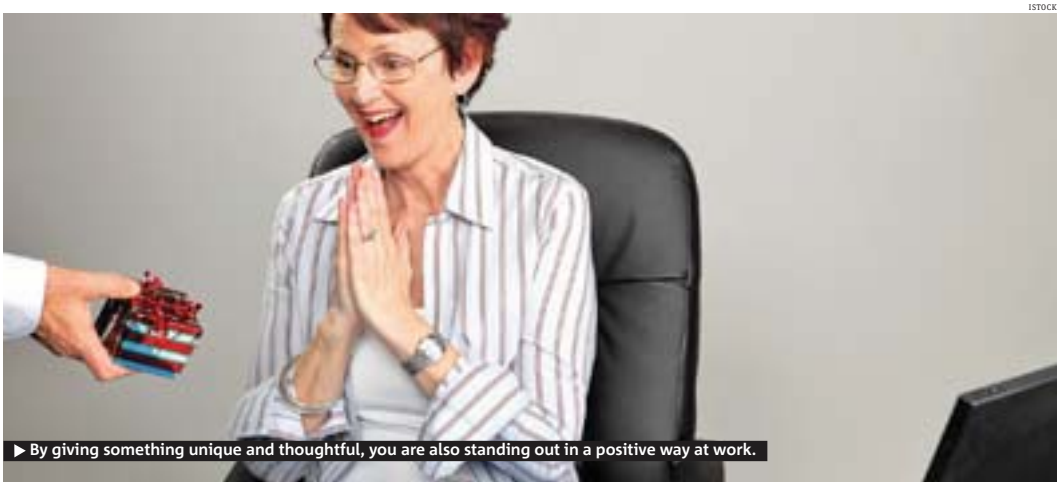
Husky MOHAWK

BCAA CAA

Relax. We've got it covered.

Gift giving at the office

ISTOCK



▶ By giving something unique and thoughtful, you are also standing out in a positive way at work.

Have fun, but be careful

Giving to the boss and staff

- "Extravagant gifts can make people uncomfortable. A lovely notebook or journal is useful and thoughtful," says Holly Bohn, founder of See Jane Work
- Diane Gottsman, owner of the Protocol School of Texas, recommends baked goods as a possibility. "If you do give to the boss, give something like muffins wrapped in a basket or container with a ribbon. It shows that you cared enough to do something," she says.
- Bohn stresses that you should not push your own ideals on others. "You may think your boss drinks too much coffee, but if she doesn't agree, then buy her a commuter mug," she says.
- Direct supervisors should try to do something for their employees, according to Bohn. But "don't overbuy," she warns. "An extravagant gift can be irritating to someone who would rather have the money. Likewise, if there is a significant salary gap between you and your staff, don't be cheap; they will notice."

Holiday gift giving in the workplace used to be a relatively simple process.

One of the most important rules was that you never gave to those ranking above you, such as your direct boss or vice president. The boss or the company's president perhaps gave gifts to the employees, but expected nothing in return.

Times have changed, and we have a guide to help you out.

It is important to check your employer's policy about gift giving during the holidays, says etiquette authority Diane Gottsman, owner of The Protocol School of Texas. "Make sure you are not breaching any gift giving rules."

Assuming gift giving is permitted, Gottsman recommends that a gift giving standard be set early so people will know what to expect and how to factor it into their budgets. "Decide as a group what would be most desirable," she says. "Definitely set a limit, and then send out the 2010 gift giving memo on festive paper and set a date and time for the exchange. It doesn't have to be expensive, just festive."

Another option is a secret Santa, in which each person buys a gift for the co-worker whose name he or she draws.

"Drawings are fun, but make sure that they are not mandatory," says Holly Bohn, founder of See Jane Work. "Also, be considerate about the gift you submit. In a day and age of strict diets and struggles with addiction, alcohol and chocolate, these things are often off-limits. A fun umbrella or commuter mug is always welcome and says a little more about your gift giving efforts than, 'I ran to the corner store and picked this up.' By giving something unique and thoughtful, you are also standing out at work in a positive way."

Some offices have eliminated gift giving and instead donate money to charity. Another option is to purchase gifts for underprivileged children.

"Find out whether there are any nonprofit organizations that deliver meals to needy families in your area," Bohn says. "Make a list of the items they require, and post it in the break room. People can sign up without feeling pressured. Going desk to desk to collect money is not acceptable, neither is sending out a mass email specifying the people who still haven't anted up. Holiday drives and donations are great, but if they single people out who can't afford to participate, they are not in the holiday spirit."

CREATORS.COM

"Definitely set a limit and then send out the 2010 gift giving memo on festive paper."
DIANE GOTTSMAN

Yes!
i can send the gift of money online and by mobile

$9 plus 1%* of money sent

Enjoy the convenience of sending the gift of money online and by mobile** to family and friends around the world.

Advertised fee* only available for transfers under $1,000 at *Scotia OnLine*® Financial Services and *Scotiabank*® *Mobile Banking.*

scotiabank.com/westernunion

WESTERN UNION | yes!

Scotiabank

* IN ADDITION TO THE TRANSFER FEE, WESTERN UNION ALSO MAKES MONEY FROM THE EXCHANGE OF CURRENCIES. Fees are subject to change without prior notice. A Scotiabank Day to Day account is required for a Western Union Money Transfer transaction.
** Standard message and data charges apply for transactions initiated through Scotiabank Mobile Banking.
© 2010 Western Union Holdings, Inc. All Rights Reserved. © Bank of Canada - bank note image used and altered with permission. The WESTERN UNION name, logo, trade name, trade dress and related trademarks, owned by Western Union Holdings, Inc., are registered and/or used in the U.S. and many foreign countries. The Scotiabank name, logo and related trademarks, are registered and owned by The Bank of Nova Scotia. Scotiabank is an authorized agent facilitating Western Union Money Transfer® services but is not responsible for the funds transfer.

Make her feel special

Calvin Klein Beauty, Purse charm, $50 It's pretty risky to endow your fragrance with such a loaded word, but CK has pulled it off, well, ... beautifully. Sweet, light, and just a little spicy. The Bay, Shoppers Drug Mart and Murale.

Tiffany & Co. Filigree Heart pendant, $240 Sure, she loves you for who you are, but if you want to send her love into warp speed put one of these babies around her neck. You're welcome. tiffany.ca

Plush Booties, $15 Surprise your lady with a pair of these adorable furry things so she can curse her patent leather office pumps in sweet relief. Reitmans.

Sephora Collection travel brush set, $34 You only see the finished product, which requires time, effort, and good tools. This is her toolbox. sephora.com

Faux shearling trapper hat, $29.99, with matching gloves, $19.99 Unless you live north of Inuktitut, there is no reason you should be wearing fur. Faux fur, on the other hand, is fabulous. At all Sears locations.

Career game for Canucks' Raymond

Forwards' four-point night leads Canucks to rout over Flames

CANUCKS	FLAMES
7	2

Mason Raymond scored three times, including a pivotal short-handed goal, and added an assist as the Vancouver Canucks routed the Calgary Flames 7-2 last night.

Raymond's momentum-changing goal came 1:03 into the third period with the Canucks short handed and nursing a one-goal lead.

After Roberto Luongo saved a dangerous shot from Calgary forward Alex Tanguay, Raymond chipped the puck past pinching defenceman Jay Bouwmeester and raced up the ice on a two-man breakaway.

With Manny Malhotra trailing, Raymond opted to keep the puck and beat Miikka Kiprusoff on a pretty deke to his forehand.

The goal put Vancouver up 4-2 and swung the momentum entirely in the Canucks favour.

The four points for Raymond, a native of nearby Cochrane, Alta., are a career high.

Alex Burrows, Jeff Tambellini, Daniel Sedin, and Dan Hamhuis also scored for Vancouver (13-7-3), which was playing for the first time since Friday. The Canucks moved past Colorado back into top spot in the Northwest Division.

Tim Jackman and Tanguay scored for Calgary (10-13-2). The Flames have dropped five of their last seven on home ice.

Calgary coach Brent Sutter showed his frustration in the third period, when he put five defenceman on for the final 30 seconds of a third-period power play. The Flames were trailing 5-2 and failing to generate any dangerous chances, but the unit of Bouwmeester, Brendan Mikkelson, Robyn Regehr, Anton Babchuk and Cory Sarich proved no more offensively potent.

The Flames seemed to have the momentum heading into the third period after killing off a five-minute penalty.

Calgary's Curtis Glencross was given a five minute major and a game misconduct for cross-checking Canucks defenceman Keith Ballard in the face late in the second period.

THE CANADIAN PRESS

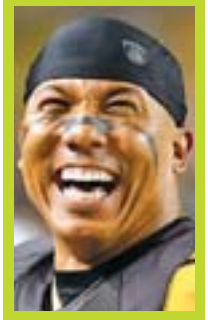
▶ Ryan Kesler of the Canucks crashes past Flames goalie Miikka Kiprusoff last night.

Notes

▶ It was the first of six meetings between the two teams ... Vancouver C **Henrik Sedin** leads the NHL in assists (27) but has not scored in his last 11 and has just two goals on the season. Entering December a year ago, he had already scored 14 goals ... Henrik Sedin is second in the NHL in consecutive games played (440). He trails Calgary D **Jay Bouwmeester** (449) ... Vancouver D **Kevin Bieksa** returned after missing one game with pneumonia.

4 sports

Quoted



"The league doesn't care about us anyway. They don't care about the safety of the game. If the league was so concerned about the safety, why are you adding two more games on?"

PITTSBURGH STEELERS WR HINES WARD, LASHING OUT AT THE NFL FOR WHAT HE CALLS ITS HYPOCRITICAL STANCE ON PLAYER SAFETY. HE ARGUES THAT THE LEAGUE RECENTLY TOUGHENED ITS STANCE ONLY BECAUSE IT WANTS TO EXPAND TO AN 18-GAME SEASON.

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Washington	26	18	6	1	1	90	69	38	12-1-0-1	6-5-1-0	6-2-1-1	W4
d-Pittsburgh	26	16	8	2	0	79	62	34	7-5-1-0	9-3-1-0	9-0-1-0	W7
d-Montreal	25	15	8	2	0	63	51	32	9-4-2-0	6-4-0-0	6-3-1-0	L1
Philadelphia	26	15	7	2	2	87	64	34	9-5-0-1	6-2-2-1	5-3-0-2	L3
Tampa Bay	25	14	8	2	1	77	81	31	6-2-1-1	8-6-1-0	6-3-0-1	W1
Atlanta	25	13	9	1	2	83	77	29	8-5-0-1	5-4-1-1	7-3-0-0	W6
NY Rangers	26	14	11	1	0	74	69	29	5-7-1-0	9-4-0-0	6-4-0-0	L1
Boston	23	13	8	0	2	62	46	28	4-5-0-2	9-3-0-0	5-4-0-1	W1
Carolina	24	10	11	0	3	71	78	23	5-5-0-1	5-6-0-2	3-4-0-3	L2
Ottawa	25	11	13	1	0	58	75	23	7-6-0-0	4-7-1-0	3-7-0-0	L1
Buffalo	25	9	13	3	0	62	73	21	4-8-1-0	5-5-1-0	5-4-1-0	L1
Florida	23	10	13	0	0	60	62	20	5-5-0-0	5-8-0-0	4-6-0-0	L1
Toronto	23	8	11	2	2	51	65	20	6-4-2-1	2-7-0-1	3-6-1-0	L3
New Jersey	24	8	14	1	1	45	69	18	4-5-1-1	4-9-0-0	4-5-0-1	W1
NY Islanders	22	5	12	3	2	49	75	15	3-4-1-1	2-8-2-1	1-7-1-1	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	22	16	4	1	1	78	59	34	10-1-1-1	6-3-0-0	8-1-1-0	W3
d-Dallas	23	14	8	0	1	68	62	29	8-3-0-1	6-5-0-0	6-3-0-1	W4
d-Vancouver	23	13	7	1	2	75	61	29	8-2-0-1	5-5-1-1	5-4-1-0	W3
Chicago	27	14	11	1	1	86	79	30	6-7-0-0	8-4-1-1	6-3-0-1	W3
Columbus	23	14	8	0	1	65	57	29	6-6-0-1	8-2-0-0	6-3-0-1	L3
Anaheim	27	13	11	2	1	71	80	29	9-4-0-1	4-7-2-0	4-4-2-0	W3
Colorado	24	13	9	2	0	85	74	28	7-4-1-0	5-6-1-0	5-4-1-0	L1
Phoenix	24	12	7	4	1	70	70	28	5-3-2-1	7-4-2-0	8-2-0-0	W1
St. Louis	24	12	9	1	2	63	68	27	8-2-0-1	4-7-1-1	3-6-0-1	L4
Nashville	24	11	8	3	2	58	63	27	4-1-3-2	7-7-0-0	5-3-0-2	W2
Los Angeles	23	13	10	0	0	63	57	26	8-2-0-0	5-8-0-0	3-7-0-0	L4
San Jose	23	11	8	4	0	68	68	26	7-4-2-0	4-4-2-0	5-3-2-0	L1
Minnesota	24	11	11	0	2	58	69	24	7-6-0-1	4-5-0-1	4-6-0-0	L3
Calgary	25	10	13	1	1	69	76	22	6-6-0-0	4-7-1-1	3-5-1-1	L2
Edmonton	24	8	12	1	3	63	92	20	3-6-0-1	5-6-1-2	4-4-1-1	W2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Edmonton 4 Montreal 3 (OT)
Boston 3 Philadelphia 0
Nashville 4 Columbus 3 (SO)
Washington 4 St. Louis 1
Phoenix 4 Minnesota 2
Vancouver 7 Calgary 2
Anaheim 5 Florida 3
Tuesday's results
Tampa Bay 4 Toronto 3 (OT)
Atlanta 3 Colorado 2 (OT)
Chicago 7 St. Louis 5
Nashville 3 Phoenix 0
Detroit 5 San Jose 3
Tonight's games
(All times Eastern)
Tampa Bay at Boston, 7 p.m.
Edmonton at Toronto, 7 p.m.
Montreal at New Jersey, 7 p.m.
N.Y. Rangers at N.Y. Islanders, 7 p.m.
Atlanta at Pittsburgh, 7 p.m.
San Jose at Ottawa, 7:30 p.m.
Washington at Dallas, 8:30 p.m.
Florida at Los Angeles, 10:30 p.m.

CANUCKS 7, FLAMES 2

First Period
1. Vancouver, Raymond 5 (Alberts, Kesler) 2:00
2. Vancouver, Tambellini 4 (Edler, Raymond) 8:51
3. Calgary, Jackman 3 (Giordano, Sarich) 10:01
Penalties — Glass Vcr, Jackman Cal (fighting) 2:02, Bouwmeester Cal (hooking) 4:42, Kostopoulos Cal (interference) 17:40.
Second Period
4. Vancouver, D.Sedin 14 (Kesler, H.Sedin) 3:05 (pp)
5. Calgary, Tanguay 7 (Iginla, Stajan) 6:22
Penalties — Torres Vcr (hooking) 0:40, Backlund Cal (holding) 2:30, Bouwmeester Cal (interference) 10:24, Glencross Cal (cross-checking major, game misconduct) 14:06, Hansen Vcr (high-sticking) 20:00.
Third Period
6. Vancouver, Raymond 6 (Malhotra) 1:03 (sh)
7. Vancouver, Burrows 4 (H.Sedin) 6:16
8. Vancouver, Raymond 7 (Samuelsson) 15:37 (pp)
9. Vancouver, Hamhuis 3 (Tambellini, Torres) 17:56 (pp)
Penalties — Ballard Vcr (high-sticking) 7:32, Iginla Cal (hooking) 11:05, Giordano Cal (holding the stick) 14:02, Bieksa Vcr (roughing), Jackman Cal (double roughing) 17:07.
Shots

Vancouver	16	8	12	36
Calgary	9	5	6	20

Goal — Vancouver: Luongo (W,10-7-2); Calgary: Kiprusoff (L,9-12-1). **Power plays (goals-chances)** — Vancouver: 3-8; Calgary: 0-3.
Referees — Kyle Rehman, Chris Lee. **Linesmen** — Ryan Galloway, Brad Lazarowich.
Att. — 19,289 (19,289) at Calgary.

OILERS 4, CANADIENS 3 (OT)

First Period
1. Montreal, Gomez 3 (Cammalleri, Darche) 13:05 (pp)
2. Edmonton, Foster 3 (Gagner, Hemsky) 17:45 (pp)
Penalties — Spacek Mtl (tripping) 3:14, Halpern Mtl (tripping) 8:01, Peckham Edm (hooking) 11:25, Pouliot Mtl (high sticking) 16:57.
Second Period
3. Montreal, Darche 4 (Cammalleri, Hamrlik) 8:01 (pp)
4. Montreal, Hamrlik 2 (Pouliot, Eller) 10:02
Penalties — Jaques Edm (holding) 6:50, Halpern Mtl (tripping) 16:23.
Third Period
5. Edmonton, Hemsky 7 (Paajarvi) 10:0
6. Edmonton, Gagner 7 (Hemsky) 13:17
Penalties — Hamrlik Mtl (high sticking) 3:54, Horcoff Edm (high sticking) 11:36.
Overtime
7. Edmonton, Penner 7, 2:28
Penalties — None.
Shots

Edmonton	9	13	8	2—32
Montreal	15	11	12	0—38

Goal — Edmonton: Dubnyk (W,NA); Montreal: Price (OTL,NA). **Power plays (goals-chances)** — Edmonton: 1-5; Montreal: 2-3.
Att. — 21,273 at Montreal.

SCORING LEADERS

	G	A	PT
Crosby, Pgh	18	23	41
Stamkos, TB	21	19	40
Ovechkin, Wash	10	23	33
Semin, Wash	18	13	31
St. Louis, TB	10	21	31
Backstrom, Wash	11	19	30

TRANSACTIONS

BASEBALL

MLB

NATIONAL LEAGUE
CINCINNATI REDS — Named Terry Reynolds senior director of professional and global scouting and Melissa Hill executive assistant to the president of baseball operations and general manager. Named Marty Maier, Dominic Viola and Steve Roadcap professional scouts.
HOUSTON ASTROS — Agreed to terms with RHP Nelson Figueroa on a one-year contract.
PITTSBURGH PIRATES — Agreed to terms with RHP Fernando Nieve, INF Andy Marte and C Dusty Brown on minor league contracts.

AMERICAN ASSOCIATION

FARGO-MOORHEAD REDHAWKS — Signed RHP Casey Hoorelbeke.
GARY SOUTHSHORE RAILCATS — Signed OF Mike Massaro.

BASKETBALL

NBA

LEAGUE OFFICE — Suspended Washington C Hilton Armstrong one game for a Flagrant Foul, Penalty Two against Miami C Joel Anthony during Monday's game.

FOOTBALL

NFL

LEAGUE OFFICE — Fined Carolina S Sherrod Martin $40,000 for a helmet-to-helmet hit on Cleveland TE Evan Moore during Sunday's game.
CAROLINA PANTHERS — Signed T Rob Petitti. Waived RB Josh Vaughan.
CLEVELAND BROWNS — Signed DB Coye Francies to the practice squad. Waived RB Thomas Clayton.
GREEN BAY PACKERS — Signed LB Robert Francois and CB Josh Gordy from the practice squad. Signed WR Terrance Smith and LB/DE Curtis Young to the practice squad.
MINNESOTA VIKINGS — Released DB Cary Harris from the practice squad. Signed G Andrew Martinez to the practice squad.
NEW ORLEANS SAINTS — Signed LB Ramon Humber. Released QB Sean Canfield.

HOCKEY

NHL

COLUMBUS BLUE JACKETS — Activated LW Ethan Moreau from injured reserve.
DETROIT RED WINGS — Assigned G Joey MacDonald to Grand Rapids (AHL).
ST. LOUIS BLUES — Recalled F Stefan Della Rovere and F Dave Scatchard from Peoria (AHL). Assigned F T.J. Hensick and F Chris Porter to Peoria. Placed F David Perron on injured reserve.
TAMPA BAY LIGHTNING — Reassigned F Blair Jones to Norfolk (AHL).

AHL

ALBANY DEVILS — Released G Jeff Lerg.
CHICAGO WOLVES — Reassigned LW Patrick Galivan to Gwinnett (ECHL).
GRAND RAPIDS GRIFFINS — Assigned RW Willie Coetzee, D Brian Lashoff and G Jordan Pearce to Toledo (ECHL).
SAN ANTONIO RAMPAGE — Assigned D Nick Ross to Las Vegas (ECHL).

ECHL

ELMIRA JACKALS — Traded F Samson Mahbod to South Carolina for future considerations.
READING ROYALS — Signed F Vladimir Nikiforov.

LACROSSE

NLL

MINNESOTA SWARM — Signed F Mat Giles to a two-year contract and D Scott Gamble to a one-year contract.

NBA

EASTERN CONFERENCE

ATLANTIC DIVISION

	W	L	Pct	GB
Boston	14	4	.778	—
New York	10	9	.526	4½
Toronto	7	11	.389	7
New Jersey	6	13	.316	8½
Philadelphia	5	13	.278	9

SOUTHEAST DIVISION

	W	L	Pct	GB
Orlando	14	4	.778	—
Atlanta	12	7	.632	2½
Miami	11	8	.579	3½
Charlotte	6	12	.333	8
Washington	5	12	.294	8½

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	9	7	.563	—
Indiana	9	8	.529	½
Cleveland	7	10	.412	2½
Milwaukee	6	12	.333	4
Detroit	6	13	.316	4½

WESTERN CONFERENCE

SOUTHWEST DIVISION

	W	L	Pct	GB
San Antonio	15	3	.833	—
Dallas	14	4	.778	1
New Orleans	13	5	.722	2
Memphis	8	11	.421	7½
Houston	6	12	.333	9

NORTHWEST DIVISION

	W	L	Pct	GB
Utah	15	5	.750	—
Oklahoma City	13	6	.684	1½
Denver	11	6	.647	2½
Portland	8	10	.444	6
Minnesota	4	14	.222	10

PACIFIC DIVISION

	W	L	Pct	GB
L.A. Lakers	13	6	.684	—
Phoenix	8	9	.471	4
Golden State	8	10	.444	4½
Sacramento	4	12	.250	7½
L.A. Clippers	4	15	.211	9

Last night's results
Atlanta 112 Memphis 109
Oklahoma City 123 New Jersey 120 (3OT)
Toronto 127 Washington 108
Boston 99 Portland 95
Miami 97 Detroit 72
Orlando 107 Chicago 78
New Orleans 89 Charlotte 73
Dallas 100 Minnesota 86
Houston 109 L.A. Lakers 99
Denver 105 Milwaukee 94
Utah 110 Indiana 88
L.A. Clippers 90 San Antonio 85
Tonight's games
(All times Eastern)
Miami at Cleveland, 8 p.m.
Phoenix at Golden State, 10:30 p.m.

RAPTORS 127, WIZARDS 108

WASHINGTON (108)
Gee 2-3 0-0 4, Blatche 7-16 3-6 17, McGee 8-12 5-8 21, Hinrich 7-12 1-2 15, Arenas 1-10 5-6 7, Booker 2-4 1-3 5, Wall 5-11 8-9 19, Thornton 1-5 1-1 3, Young 2-6 5-6 9, Seraphin 1-1 0-0 2, Martin 2-3 0-0 6. Totals 38-83 29-41 108.
TORONTO (127)
Weems 7-12 4-6 18, Johnson 2-5 0-0 4, Bargnani 8-13 2-2 18, Calderon 5-7 0-0 11, DeRozan 7-11 5-7 20, Barbosa 7-13 0-0 16, Davis 5-7 1-2 11, Bayless 6-9 2-4 16, Kleiza 3-8 2-2 8, Dorsey 1-3 3-4 5, Wright 0-0 0-0 0. Totals 51-88 19-27 127.

Washington	25	27	29	27	108
Toronto	34	38	29	26	127

3-Point Goals—Washington 3-9 (Martin 2-2, Wall 1-3, Hinrich 0-1, Blatche 0-1, Arenas 0-2), Toronto 6-11 (Barbosa 2-2, Bayless 2-3, DeRozan 1-1, Calderon 1-2, Kleiza 0-1, Bargnani 0-2). Fouled Out—None. Rebounds—Washington 41 (McGee 7), Toronto 61 (Dorsey, Bargnani 8). Assists—Washington 22 (Wall 8), Toronto 28 (Calderon 8). Total Fouls—Washington 22, Toronto 29. Technicals—Toronto delay of game, Toronto defensive three second. A—15,209 (19,800) at Toronto.

GOLF

PGA TOUR Q-SCHOOL

At Winter Garden, Fla.
p-Panther Lake Course (7,223 yards; par-71—35-36); c-Crooked Cat Course (7,493 yards; par-72—36-36)
First Round

Kyle Stanley	33-32—65c	-7
Scott Weatherly	32-35— 67c	-5
Ben Martin	35-31— 66p	-5
Joseph Bramlett	34-33— 67c	-5
Sunghoon Kang	32-36— 68c	-4
Brett Swedberg	35-33— 68c	-4
Paul Stankowski	33-36— 69c	-3
Danny Wax	35-34— 69c	-3
James Driscoll	34-34— 68p	-3
Elliot Gealy	34-35— 69c	-3
Brett Waldman	35-33— 68p	-3
Josh Geary	33-36— 69c	-3
Dicky Pride	35-34— 69c	-3
Seung Ho Lee	32-37— 69c	-3
Andy Bare	35-33— 68p	-3
Jarrod Lyle	34-36— 70c	-2
William McGirt	34-35— 69p	-2
Gavin Coles	34-35— 69p	-2
Andres Gonzales	34-36— 70c	-2
Cameron Tringale	35-34— 69p	-2
Jason Gore	33-37— 70c	-2
Kent Jones	36-34— 70c	-2
Billy Mayfair	34-35— 69p	-2
Stephen Dartnall	36-34— 70c	-2
Charles Warren	37-33— 70p	-1
James Hahn	34-36— 70p	-1
Gary Woodland	37-34— 71c	-1
Scott Stallings	34-37— 71c	-1
Matt McQuillan	**32-38— 70p**	**-1**
Roberto Castro	35-36— 71c	-1
David Branshaw	35-36— 71c	-1
Rahil Gangjee	35-36— 71c	-1
Zack Miller	34-36— 70p	-1
Erik Compton	37-33— 70p	-1
J.J. Killeen	35-36— 71c	-1
Carlos Franco	34-36— 70p	-1
Todd Bailey	36-35— 71c	-1
Brian Bateman	35-35— 70p	-1
Stephen Gangluff	36-34— 70p	-1
Adam Blyth	36-35— 71c	-1
Ryan Armour	33-38— 71c	-1
Scott Gordon	36-34— 70p	-1
Also		
Ted Brown	**34-37— 71c**	**-1**
Richard T. Lee	34-37-71p	E
Chris Baryla	**36-36-72p**	**+1**
Matt Richardson	**34-40-74c**	**+2**
David McKenzie	**38-37-75c**	**+3**
Jon Mills	**36-39-75p**	**+4**

SOCCER

EUROPA LEAGUE

GROUP A
Yesterday's results
Manchester City (England) 3, Red Bull Salzburg (Austria) 0
Lech Poznan (Poland) 1, Juventus (Italy) 1
GROUP B
Atletico Madrid (Spain) 2, Aris (Greece) 3
Rosenborg (Norway) 0, Bayer Leverkusen (Germany) 1
GROUP C
Sporting Lisbon (Portugal) 1, Lille (France) 0
Ghent (Belgium) 1, Levski Sofia (Bulgaria) 0
GROUP G
Zenit St. Petersburg (Russia) 3, Anderlecht (Belgium) 1
Hajduk Split (Croatia) 1, AEK Athens (Greece) 3
GROUP H
Young Boys (Switzerland) 4, Stuttgart (Germany) 2
OB Odense (Denmark) 1, Getafe (Spain) 1
GROUP I
Metalist Kharkiv (Ukraine) 2, Debreceni (Hungary) 1
Sampdoria (Italy) 1, PSV Eindhoven (Netherlands) 2

ENGLAND

LEAGUE CUP

Quarter-finals
Yesterday's results
Birmingham 2 Aston Villa 1
Ipswich 1 West Bromwich Albion 0

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
New England	9	2	0	.818	334	266
N.Y. Jets	9	2	0	.818	264	187
Miami	6	5	0	.545	205	225
Buffalo	2	9	0	.182	229	295

SOUTH

	W	L	T	Pct	PF	PA
Indianapolis	6	5	0	.545	282	252
Jacksonville	6	5	0	.545	240	294
Houston	5	6	0	.455	264	287
Tennessee	5	6	0	.455	257	218

NORTH

	W	L	T	Pct	PF	PA
Baltimore	8	3	0	.727	250	188
Pittsburgh	8	3	0	.727	254	181
Cleveland	4	7	0	.364	216	229
Cincinnati	2	9	0	.182	225	288

WEST

	W	L	T	Pct	PF	PA
Kansas City	7	4	0	.636	285	231
San Diego	6	5	0	.545	310	225
Oakland	5	6	0	.455	255	256
Denver	3	8	0	.273	250	323

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	7	4	0	.636	277	240
Philadelphia	7	4	0	.636	310	257
Washington	5	6	0	.455	215	262
Dallas	3	8	0	.273	256	301

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	9	2	0	.818	276	209
New Orleans	8	3	0	.727	265	197
Tampa Bay	7	4	0	.636	219	223
Carolina	1	10	0	.091	140	276

NORTH

	W	L	T	Pct	PF	PA
Chicago	8	3	0	.727	222	172
Green Bay	7	4	0	.636	269	166
Minnesota	4	7	0	.364	189	239
Detroit	2	9	0	.182	258	282

WEST

	W	L	T	Pct	PF	PA
Seattle	5	6	0	.455	209	275
St. Louis	5	6	0	.455	213	231
San Francisco	4	7	0	.364	187	225
Arizona	3	8	0	.273	194	319

WEEK 13

Tonight's game
(All times Eastern)
Houston at Philadelphia, 8:20 p.m.
Sunday's games
San Francisco at Green Bay, 1 p.m.
Denver at Kansas City, 1 p.m.
Buffalo at Minnesota, 1 p.m.
Jacksonville at Tennessee, 1 p.m.
Cleveland at Miami, 1 p.m.
Chicago at Detroit, 1 p.m.
Washington at N.Y. Giants, 1 p.m.
New Orleans at Cincinnati, 1 p.m.
Oakland at San Diego, 4:05 p.m.
Carolina at Seattle, 4:15 p.m.
St. Louis at Arizona, 4:15 p.m.
Atlanta at Tampa Bay, 4:15 p.m.
Dallas at Indianapolis, 4:15 p.m.
Pittsburgh at Baltimore, 8:20 p.m.
Monday's game
N.Y. Jets at New England, 8:30 p.m.

FOOTBALL

NCAA

AP TOP 25

(All times Eastern)
Tomorrow's game
No. 24 Northern Illinois vs. Miami (Ohio) at Detroit, 7 p.m.
Saturday's games
No. 1 Oregon at Oregon State, 3:30 p.m.
No. 2 Auburn vs. **No. 18** South Carolina (at Atlanta), 4 p.m.
No. 9 Boise State vs. Utah State, 3 p.m.
No. 10 Oklahoma vs. **No. 13** Nebraska (at Arlington, Texas), 8 p.m.
No. 12 Virginia Tech vs. **No. 20** Florida State (at Charlotte, N.C.), 7:45 p.m.
No. 14 Nevada at Louisiana Tech, 3 p.m.
No. 23 West Virginia vs. Rutgers, Noon
No. 25 Hawaii vs. Nevada-Las Vegas, 10:30 p.m.

THE BEST THING TO HAPPEN TO THE IPHONE SINCE OUR LAST APP!
NEW Crossword and Suduko updated daily.
Available on the App Store
metro play

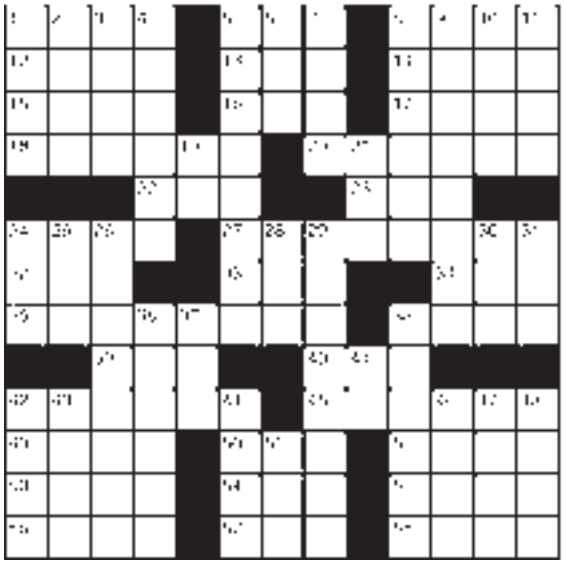
Crossword

Across

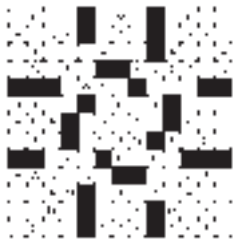
1 "Mamma Mia" quartet
5 Silent
8 Federal agent
12 Tide type
13 Exploit
14 Entice
15 Lofty
16 America's uncle
17 One side of the Urals
18 Central
20 Trite
22 Extinct kin of the kiwi
23 Always, in verse
24 Door-frame piece
27 Woman's garment
32 — Dhabi
33 Astros' scoreboard abbr.
34 Rowing need
35 Profligates
38 Urban blight
39 Police officer
40 Hostel
42 Great emotional upset
45 Rough
49 Inning trio
50 Sheepish remark
52 Layer
53 Spool
54 Right angle
55 Family
56 Between jobs
57 "— the season ..."
58 Half the divorce settlement

Down

1 Opposed to
2 Kidney or fava
3 Ointment
4 Poise
5 Handlebar, for example
6 NAFTA signatory
7 Note to the staff
8 Open areas in the forest
9 Pizza topping
10 Met melody
11 Spruced up
19 Therefore
21 Floral garland
24 Leno's prominence
25 Lawyers' org.
26 Sweet variety of wine
28 Internet giant
29 Broadway offerings
30 "7 Faces of Dr. —"
31 Work unit
36 Muss up
37 Spinning rate (Abbr.)
38 Grab
41 "Forget it!"
42 Actress Spelling
43 Regretted
44 Help a hood
46 Anger
47 Burn somewhat
48 Sea flock
51 "The Greatest"53 Firmament



▶ Yesterday's answer



Sudoku

	8		5		7		9	
		5				2		
	1		8		2		7	
	2	8				4	3	
1								6
	4	6				9	1	
	9		4		5		8	
		4				1		
	3		2		6		5	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Haii Tiger! Happy birthday aka the anniversary of your umbilical cord separation! Hehe...mwuahh! I luff you sooo much and I hope you have a good day! You're the best hunnie. I love you <3
LOVE BUNNIE

Red, and yellow and pink and green, purple and orange and blue, you can see a rainbow, see a rainbow too. For my muffin.
LOVE COOKIE

Leandro, I'm already missing you! The trip was perfect. Thank you for everything. It's like a dream. **F.K.G.**

*To my better half, the possibilities of a future that is ours is endless. You are my every thought, breath, action and heartbeat. Through thick and thin, for better or worse soy solo tuyo, ahora y para siempre! *6* tu ya tienes mi amor*
XOXO, TU ESTRELLA

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Others may be impatient for you to commit yourself to their latest money-making scheme but you are right to think about it. How much will it cost if it goes wrong? Is there a get-out clause? Find out.

♉ Taurus April 21-May Today, friends and family members will be too busy looking out for their own interests to care too much about yours. But that's okay: You tend to do better when working alone.

♊ Gemini May 22-June 21 A delay or setback may be annoying, but it's only temporary. Don't lose your cool. Have more patience with yourself and with others and, most importantly, think long term.

♋ Cancer June 22-July 22 Others may be annoyed that you are holding on to the purse strings, but you know how quickly the money will go if you let them buy what they want. They'll thank you one day for being so sensible.

♌ Leo July 23-Aug.23 Passions are running high and there is no telling where it might lead. So, be careful when talking to people who seem a bit worked up. Don't do anything that might set them off.

♍ Virgo Aug. 24- Sept. 22 Temptation is knocking today. Do you give in to your desires or do you keep them at bay? Only you can answer that question but remember this: it's not a sin to have fun.

♎ Libra Sept. 23-Oct. 23 Even if you're the kind of Libra who rarely gets emotional, you'll find it hard to control your feelings today. Perhaps you should let them out and make a spectacle of yourself.

♏ Scorpio Oct. 24-Nov. 22 Someone you live or work with seems determined to find fault with everything you do and it is beginning to get you down. Maybe it's time to rethink your relationship.

♐ Sagittarius Nov. 23-Dec. 21 Close your ears to gossip and don't believe what other people tell you just because they believe it. Base your attitudes and actions on facts alone. If you don't know the facts, don't be judgmental.

♑ Capricorn Dec. 22-Jan. 20 You may be tempted to get involved in a situation that is none of your business today. There are more productive things you could be doing with your time, such as finding new sources of income.

♒ Aquarius Jan. 21-Feb. 18 Others may be urging you to make changes but it's not the right time to throw everything up in the air and see how it lands.

♓ Pisces Feb. 19-March 20 Something you have grown used to will leave your life today and you will, of course, be sad. But you are making room for something even better to come in. It will arrive very soon. **SALLY BROMPTON**

DANIEL OCHOA DE OLZA/ THE ASSOCIATED PRESS

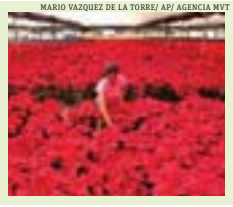
Caption contest

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

MARIO VAZQUEZ DE LA TORRE/ AP/ AGENCIA MVT



FLIGHT CENTRE Unbeatable

Las Vegas
Air from Bellingham + 3 Nights
from $159 + taxes & fees $37
INCLUDES accom on the Strip.
UPGRADE to 4.5-star accom from $19 per night.
1 866 519 5111 | flightcentre.ca

Conditions apply. Ex: Vancouver. Package prices are per person, based on double occupancy for total length of stay unless otherwise stated. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and/or HST and fuel supplements and are approximate and subject to change.

VISIT SANTA
and ride the
CHRISTMAS TRAIN
Bear Creek Park (13750 88th Ave.)
A wonderful family experience!
Children meet Santa & get a candy cane.
Kids get a Reindeer Craft kit for fun.
Plus a goody bag with surprises then,
a train ride into the decorated forest.

Friday, December 3 to Sunday, January 2 • 10 a.m. to 4 p.m.
Adults $7 • Kids $6 • Under 2 $3.50 • Babies are FREE
604-501-1232 • Surrey, BC • bctrains.com

find us follow us friend us
We're all over your city in more ways than one. Metro brings you breaking news and great reviews.
metro

1-877-8MOBIL8

Finally, Vancouver will actually pay $25 for a $25 wireless plan.

$25 Fixed Monthly Rate

Unlimited Local Calling + Unlimited Text & Picture Messaging + Unlimited Mobilicity-to-Mobilicity Calling + Caller ID

Introducing truly Unlimited Talk, Text and Data

• No Contracts, No Credit Checks • Complete Bill Certainty
• Nationwide Coverage • 3.5G Network

Switch to Mobilicity

mobilicity™

mobilicity.ca

Taxes are extra. To have unlimited use of the features included in each plan, they must originate within the Mobilicity Unlimited Coverage area, see our coverage map for details. 'Text and Picture Messaging' refers to text and picture messages sent to Canada and the continental US only. Terms and conditions apply. Subject to change without notice. © Mobilicity. 'Mobilicity' and the Mobilicity logo are trademarks of Mobilicity.

Mobilicity Stores

Burnaby
4500 Kingsway, Unit 1639 (Crystal Mall)

Coquitlam
562 Clarke Rd, Unit E

New Westminster
135-555 6th St (Westminster Center)

Richmond
8180 No 2 Rd, Unit 128
5330 No 3 Rd, Unit 982 (Lansdowne Mall)
8181 Cambie Rd (Presidents Plaza)
4151 Hazelbridge Way, Unit 1030 (Aberdeen Mall)
8700 McKim Way, Unit 1083 (Admirality Centre)

Surrey
15122-72nd Ave, Unit 110
7031-120th St (Scottsdale Mall)
8673-120th St, Unit B
8128-128th St, Unit 306
10320-152nd St, Unit 55
10255 King George Blvd
10153 King George Hwy (Central City)

Vancouver
1651 Commercial Dr, Unit 105
2460 Commercial Dr, Unit 1 (Broadview Skytrain Station)
568 Dunsmuir St
2390 East Hastings St
6330 Fraser St, Unit 105
1463 Kingsway Ave
3081 Main St
526 West Broadway
555 West Hastings, Unit 15 (Harbour Centre)
88 West Pender St (Tinseltown)